

LIFE/VALUES/GOALS

As you think about your death and as you see your life now, try to answer the following:

What three things would be said about you and your life if you died today?

a. _____

b. _____

c. _____

Given the likelihood that you will not die today, and have time left to change some things in your life, what three things would you most like to have said about you and your life?

a. _____

b. _____

c. _____

If someone were to witness a week of your life, what assumptions would that person make about your values — what matters to you?

a. _____

b. _____

c. _____

What values do you hold that are not evident from the way you live your life?

a. _____

b. _____

c. _____

What three goals are important to you as you plan your life?

a. _____

b. _____

c. _____

Eulogy

Set the date of your death far in the future, perhaps when you would be 120 years old, and write your eulogy. Remember that an obituary is the facts about a person's life such as the dates of your birth and death, family members, career, organizations, etc. A eulogy is a presentation at the funeral or other service of last rites. Your assignment is to write the eulogy, not an obituary. A eulogy commemorates the "good" things you did during your long and happy life and how you will be remembered by those who cared about you. This is your chance to write about as if all your hopes and dreams came true—celebrate your life!