

LIFE AND PHYSICAL SCIENCES
Student Learning Outcome Alignment Form

Course Prefix/Number: BIOL 2302

Course Title: Anatomy & Physiology II

| Core Objective | Course SLO | General Learning Activities | Assessment |
|--|--|--|--|
| Critical Thinking Skills | (SLO #2) identify and describe the components of blood and explain their functional roles. | Students will work in lab teams on a Blood Cell Identification lab. The lab teams will examine the slides provided on six microscopes focused on either erythrocytes of different types of leukocytes. They identify the cells, draw them, and complete the lab report. See attached activity. | Grade. See attached rubric |
| Communication Skills | (SLO #2) identify and describe the components of blood and explain their functional roles. | Students will work in lab teams on a Blood Cell Identification lab. The lab teams will examine the slides provided on six microscopes focused on either erythrocytes of different types of leukocytes. They identify the cells, draw them, and complete the lab report. See attached activity. | Grade. See attached rubric |
| Empirical & Quantitative Skills | (SLO #2) identify and describe the components of blood and explain their functional roles. | Students will work in lab teams on a Blood Cell Identification lab. The lab teams will examine the slides provided on six microscopes focused on either erythrocytes of different types of leukocytes. They identify the cells, draw them, and complete the lab report. See attached activity. | Grade. See attached rubric |
| Teamwork | (SLO #2) identify and describe the components of blood and explain their functional roles. | Students will work in lab teams on a Blood Cell Identification lab. The lab teams will examine the slides provided on six microscopes focused on either erythrocytes of different types of leukocytes. They identify the cells, draw them, and complete the lab report. See attached activity. | Grade. See attached rubric |

Syllabus: Anatomy and Physiology II

Course Number: BIOL 2402

Semester & Year: Spring 2013

Instructor Information

Name: Denise Johnson
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Monday and Wednesday 2-6

Textbook Information

Seeley's Anatomy and Physiology, Ninth Edition, Vanputte, et al.

ISBN-10: 0073525618

ISBN-13: 978-0073525617

Student Learning Outcomes for the Course

1. Use and understand the language of anatomy.
2. Identify and describe the physiology of the endocrine system.
3. Identify and describe the anatomy and physiology of the circulatory system.
4. Describe the histology and physiology of the lymphatic and immune system.
5. Describe the physiology of the respiratory and digestive systems.
6. Describe the importance of nutrition and the role of acid-base balance in the body.
7. Describe the physiology of the reproductive system and how it relates to the endocrine system.

Student Requirements for Completion of the Course and Due Dates

Dates are subject to change.

| | | |
|---------------------------------------|-----------------------------|---------|
| Lecture | Dates are subject to change | |
| Weekly quizzes over lecture chapters. | Due each Monday at 8:00am | |
| Exam I | Chapters 17-19 | Week 4 |
| Exam II | Chapters 20-22 | Week 8 |
| Exam III | Chapters 23-25 | Week 11 |
| Exam IV | Chapters 26-28 | Week 15 |
| Comprehensive Final + Chapter 29 | | Week 16 |

| | | |
|---------------------------|--------------------------------------|---------|
| Lab | Dates are subject to change | |
| Lab Practicals | There are no make-up lab practicals. | |
| Heart | | Week 5 |
| Blood vessels | | Week 7 |
| Digestive and Respiratory | | Week 10 |
| Reproductive | | Week 14 |

Student Assessment

The Course Grade will be determined by a combination of lecture and lab requirements.

Lecture is 60% of the course grade. It is determined by the following percentages:

| | |
|---------|-----|
| Exams | 85% |
| Quizzes | 15% |

Lab is 40% of the course grade. It is determined solely by grades on the practicals.

Mid-term grades will be posted. If either the lecture grade or the lab grade is less than 45%, the student will be dropped from the class.

Grading Scale

| Grade | |
|-------|----------|
| A | 90-100 |
| B | 80-89 |
| C | 70-79 |
| D | 60-69 |
| F | 59-below |

Class Schedule

| Date | Chapter | Material to be covered |
|---------|------------|--|
| Week 1 | 17 | Organization of the Endocrine System |
| Week 2 | 18 | Endocrine glands |
| Week 3 | 19 | Blood |
| Week 4 | | Exam Chapters 17-19 |
| Week 5 | 20 | The Heart |
| Week 6 | 20 | The Heart |
| Week 7 | 21, 22 | Blood Vessels, Lymphatic System and Immunity |
| Week 8 | | Exam Chapters 20-22 |
| Week 9 | 23 | Respiratory |
| Week 10 | 24 | Digestive |
| Week 11 | 25 | Nutrition, Exam 23-25 |
| Week 12 | 26 | Urinary System |
| Week 13 | 27 | Water, Electrolyte, Acid-Base |
| Week 14 | 28 | Reproductive |
| Week 15 | | Exam 26-28 |
| Week 16 | cumulative | Final Exam |

Absence Policy

Roll will be taken each class. It is recommended that students contact the instructor if missing a class is necessary. A student with 4 absences may be dropped from the course for lack of attendance. If an enrolled student stops attending class and chooses to receive an F, the last date they attended will be listed on the final grade sheet and they will most likely have to pay back money received from grants or scholarships.

Make-up Policy

Make-up lecture exams are short answer and may be taken within three school days of a missed lecture exam.

There are no makeup quizzes for lecture.

There are no makeup lab practicals.

Academic Integrity Statement

Scholastic dishonesty, involving but not limited to cheating on a test, plagiarism, collusion, or falsification of records will make the student liable for disciplinary action after being investigated by the Dean of Students. Proven violations of this nature will result in the student being dropped from the class with an "F".

This policy applies campus wide, including TC Testing Center, as well as off-campus classroom or lab sites, including dual credit campuses. This information can be found in the Student Handbook at <https://texarkanacollege.edu>.

Disability Act Statement:

Texarkana College complies with all provisions of the Americans with Disabilities Act and makes reasonable accommodations upon request. Please contact Larry Andrews at 903.823.3283, or go by the Recruitment, Advisement, and Retention Department located in the Administration building for personal assistance.

If you have an accommodation letter from their office indicating that you have a disability which requires academic accommodations, please present it to me so we can discuss the accommodations that you might need for this class. *It is best to request these changes at the beginning if not before the start of class* so there is ample time to make the accommodations...

Financial Aid:

Attention! Dropping this class may affect your funding in a negative way! You could owe money to the college and/or federal government. Please check with the Financial Aid office before making a decision.

I, (print your name) _____ have read and understand the above information regarding what is expected of each student, grade requirements for the class, absence policy, and financial aid. If any concerns arise, I understand the first person I need to speak with is my instructor Denise Johnson.

Student signature

Absentee Policy

Texarkana College's absentee policy allows instructors to withdraw a student from a course due to excessive absences. If a student leaves and returns during class or leaves the class before the class is over, he/she **may** be considered absent. Three tardies constitute one absence. It is the student's responsibility to check the syllabus for each instructor's tardy policy.

In some workforce/vocational areas, such as nursing and cosmetology, certification requirements necessitate an absentee policy that is more stringent than the institutional policy. In these instances, the matter of certification takes precedence over local policies, since certification policies are established by the State of Texas.

Faculty members **are not** obligated to provide opportunities for students to make-up missed assignments and tests as a result of a student's absence from class. The institution is not required to take attendance with the exception of workforce/vocational areas, where certification requirements require taking attendance. However, experience demonstrates that regular attendance enhances academic success. As such, students are expected to attend each meeting of their registered courses.

A student should not stop attending a class without formally withdrawing from the course by the institutions published Last Day for Students to Drop. If a student stops attending class after the published Last Day for Students to Drop, the student **may** receive a grade of "F" in the class. The instructor will submit the last date of attendance for students receiving a grade of "F" or "W".

Withdrawal from a course(s) **may** affect a student's current or future financial aid eligibility. Students should consult the Financial Aid Office to learn both short and long term consequences of a withdrawal.

EXCUSED ABSENCES

A student's absence due to school trips and/or school business will not be counted against a student's allowable number of absences. Military duty and absences for Holy Days (FBD LEGAL) are covered in a separate section of the catalog and the student handbook. These are the only excused absences that are considered by Texarkana College. Responsibility for work missed for any absence is placed on the student. Instructors are required to allow students to make up work missed if the absence is due to military duty* or religious holy days when students follow the correct notification procedures. Instructors are not required to allow students to make up work for absences due to other reasons. Make-up policies are listed in each individual instructor's syllabus.

**Students interested in Health Occupations should check with the division chair prior to entering the program.*

ONLINE/HYBRID COURSE ABSENCES

Absence in an **online course** is defined as the lack of an active post or submission within

the course including discussion board posts, written assignments, and tests. This standard will be used to determine all absentee issues, including but not limited to, 12th Day Census Reports, last date of attendance, and involuntary withdrawal from a course due to absences. All online students must complete an Enrollment Verification activity within the first week of class (activity depends upon the professor); otherwise the professor **may** drop the student for not having attended. Students must complete at least one activity in their online class per week. Each week in which a student does not complete an activity will be counted as an absence.

If a student is taking a hybrid course, and it does not meet during the first week of class, the student must also complete an Enrollment Verification activity within the first week of class; otherwise the student **may** be dropped for not having attended.

MAXIMUM ALLOWABLE ABSENCES

After official registration, the following number of unexcused absences will be the maximum allowable before a student **may** be dropped from the class. Mandated program certification requirements detailed for certain programs regarding the maximum allowable unexcused absences takes precedence over the following information.

Academic Classes

| A COURSE THAT MEETS FOR THE FULL 16 WEEK SEMESTER | |
|---|--|
| <p>Class or Lab Meets:</p> <p>Once a week (Night classes or Friday classes)</p> <p>Twice a week (MW or TR classes)</p> <p>Three times a week (MWF or TRF classes)</p> <p>Four times a week (MTWR classes)</p> | <p>An instructor may withdraw a student from a course if absences exceed:</p> <p style="text-align: right;">2</p> <p style="text-align: right;">4</p> <p style="text-align: right;">6</p> <p style="text-align: right;">8</p> <p style="text-align: center;">Three tardies count as one absence</p> |
| A COURSE THAT MEETS FOR 14 WEEKS OF THE SEMESTER | |
| <p>Class or Lab Meets:</p> <p>Twice a week (MW or TR classes)</p> | <p>An instructor may withdraw a student from a course if absences exceed:</p> <p style="text-align: right;">4</p> <p style="text-align: center;">Three tardies count as one absence.</p> |
| A COURSE THAT MEETS FOR 8 WEEKS OF THE SEMESTER (Fast-Track) | |

| | |
|--|--|
| Class or Lab Meets: Four times a week (MTWR classes) | An instructor may withdraw a student from a course if absences exceed: 4 Three tardies count as one absence. |
| A COURSE THAT MEETS FOR 5 WEEKS OF THE SEMESTER (Summer Sessions) | |
| Class or Lab Meets: 3 times a week (MTW) (evening classes) 4 times a week (MTWR) (day classes) | An instructor may withdraw a student from a course if absences exceed: 2 2 Three tardies count as one absence. |

Workforce Classes (This does not include Health Occupations. See Health Occupations Handbook regarding absences for that program.)

| Day Classes | Evening Classes |
|---|--|
| <p>Class meets: 5 days a week (MTWRF)</p> <p>The instructor may withdraw a student from a course if absences exceed five (5) up until the published Last Day for Students to Drop. Absences that exceed this number after the drop day may result in the student receiving an “F” in the program for that semester.</p> <p style="text-align: center;">Three tardies count as one absence.</p> <p>You are considered tardy from the designated class start time through the first 15 minutes of class. After that you will be counted absent.</p> | <p>Class Meets: 4 evenings a week (MTWR)</p> <p>The instructor may withdraw a student from a course if absences exceed five (5) up until the published Last Day for Students to Drop. Absences that exceed this number after the drop day may result in the student receiving an “F” in the program for that semester.</p> <p style="text-align: center;">Three tardies count as one absence.</p> <p>You are considered tardy from the designated class start time through the first 15 minutes of class. After that you will be counted absent.</p> |

Web site help

The following websites may benefit you in this course.

http://training.seer.cancer.gov/module_anatomy/anatomy_physiology_home.html

<http://www.getbodysmart.com/>

<http://www.lrn.org/Content/Quizzes/Quizlist.html>

<http://msjensen.cehd.umn.edu/webanatomy/>

<http://mhhe.com>

Steps for a Successful Semester in A&P

1. **Introduce yourself to the chapter before lecture.** This gives you background information so that you will be prepared to learn and listen in class.
2. **Come to class prepared.** Bring a pencil, paper, and colored pencils to class each day to take notes. If you choose, you may record the lectures so you may write notes at home. On test days bring a Scantron and a pencil to lecture or an answer sheet and pencil to lab. If you are not prepared with tools for learning, chances are your mind is not prepared either.
3. **Participate in class.** Students who participate in the lecture by answering questions and take an interest in learning the material are more likely to remember what has been taught. Please be polite and turn your phone on silent so distractions do not occur.
4. **After each class set a time for you to re-write your notes** and compare them to the information in the book. Mark anything you have a question about so you can ask about it during the next class period. Chances are if you do not understand it, others did not either. Usually it is a small misunderstanding or confusion that must be cleared up. Do this before the next class time so you do not get behind.
5. **On test day, take the test.** Do not fool yourself into thinking “I will study hard tonight and take the make-up test.” Make-up tests typically have a very low average.
6. **Facts to remember:**
 - You are allowed one make-up test in lecture. It will be essay or multiple choice/short answer/fill in the blank at the instructor’s discretion. A grade of 0 will be given for any subsequent missed lecture test. Make-up tests are only given within 3 school days of a missed exam. Missing a test forfeits bonus points that may have been earned towards that test. A missed make-up test will receive a grade of zero.
 - You are not allowed to make-up any lab practical. A missed test will receive a grade of zero.
 - Ask intelligent, well thought out questions. Questions that can easily be found in your book by little effort on your part should not be asked.

Calculating Your Grade

To figure your percentage grade for an individual test:

$$\frac{\text{\# correct}}{\text{Total questions on test}} \times 100$$

To figure your percentage grade for an individual test:

$$\frac{\text{Exam I} + \text{Exam II} + \text{Exam III} + \text{Exam IV} + \text{Exam V}}{\text{Number of exam grades}} = \text{Lecture average}$$

To figure your percentage grade in lab:

$$\frac{\text{Cumulative number of questions correct}}{\text{Cumulative number of questions}} = \text{Lab average}$$

To figure your course grade:

$$(\text{Lecture average} \times 0.6) + (\text{Lab average} \times 0.4) = \text{Overall course grade}$$

Word Bits
Biol 2402

Chapter 17

| | | |
|----------|---------------------|----------------------|
| adeno- | gland | adenohypophysis |
| hypo- | beneath | hypoglycemia |
| hyper- | excessive | hyperglycemia |
| -physis | growth | adenohypophysis |
| ad- | to, toward, near to | adrenal |
| adreno- | gland | adrenal |
| -ren- | kidney | adrenal |
| -al | pertaining to | cortical functioning |
| medulla | middle or marrow | adrenal medulla |
| cortico- | cortex | adrenocorticotropic |
| -trop- | affecting | |
| -ic | pertaining to | |
| -stero- | steroid derivative | |
| anabol- | build up | anabolic steroids |
| endo- | within | endocrine |
| -crine | secrete | |
| thyr- | shield | thyroid gland |
| para- | beside | parathyroid gland |

Chapter 18

| | | |
|-----------|--------------------------------|----------------------------|
| hormaein | to set in motion | hormones |
| angio- | blood vessel | angiotension I |
| -tens- | pressure or stretch | angiotension I |
| -in, -ine | substance | epinephrine |
| -gen | that which regenerates | angiotensinogen |
| antagon- | struggle | antagonist |
| -ism | condition of | antagonism |
| anti- | against | antidiuretic |
| -uret- | unination | |
| vaso- | vessel or duct | vasopressin |
| -press- | pressure | |
| atria- | atria of heart | atrial natriuretic hormone |
| natri- | sodium | |
| auto- | self | autocrine glands |
| -crine | secrete | |
| calci- | lime (calcium) | calcium |
| epi- | on or upon | epinephrine |
| nor- | chemical prefix (unbranched C) | norepinephrine |
| andro- | man | androgens |
| estro- | frenzy | estrogen |
| -gen | generate | |
| gluc- | glucose | glucose |
| glycol- | sweetness | glycoproteins |
| gonado- | generate | gonadotrophins |
| lacto- | milk | lactose |

| | | |
|-----------|-----------------|------------------|
| placenta | flat cake | |
| thymos- | thymus gland | thymosin |
| insul- | island | insulin |
| acro- | extremities | acromegaly |
| -mega- | great | |
| -aly | condition | |
| diabetes | to pass through | |
| insipidus | without zest | |
| mellitus | honey sweet | |
| -path- | disease | pathiophysiology |
| -edema | swelling | myxedema |

Chapter 19

| | | |
|----------|--------------------------------|--------------------------|
| -emia | blood condition | anemia |
| erythro | red | erythrocyte |
| leuko- | white | leukocyte |
| hemo- | blood or blood vessels | hemopoiesis |
| hemato- | relating to blood | hematopoiesis |
| -penia | deficiency | thrombocytopenia |
| phleb- | vein | phlebotomy |
| -poie- | making, production of | hematopoiesis |
| -poiesis | making, production of | erythropoiesis |
| thrombo- | blood clot, coagulation | thrombosis |
| embol- | embolus or plug | embolism |
| -blast | embryonic state of development | |
| embryo- | fetus | embryonic stem cells |
| -cyte | cell | erythrocyte |
| fibr- | fiber | fibrinolysis |
| -lysis | breaking down | |
| plasma | something formed | |
| an- | without | anemia |
| -osis | result | erythroblastosis fetalis |
| -stasis | stoppage or inhibition | hemostasis |

Chapter 20

| | | |
|----------|-------------------------|-----------------|
| brady- | slow | bradycardia |
| -c | expressing relationship | cardiac |
| cardio- | heart | cardiac |
| hyper- | over, above | hypertension |
| hypo- | under, below, deficient | hypotension |
| -pathy | disease | cardiopathy |
| atrio- | atrium of the heart | |
| -ventri- | belly | ventricle |
| bi- | two | bicuspid valve |
| tri- | three | tricuspid valve |
| -cuspis | point | tricuspid valve |
| semi- | one half | semilunar valve |
| luna | moon | semilunar valve |
| valva- | folding door | valve |

| | | |
|------------|----------------------|--------------------------|
| chord | string or cord | chordae tendineae |
| tendere | to stretch | |
| ductus | duct | ductus arteriosus |
| arterio | artery | |
| veno- | vein | ductus venosus |
| endo- | inward | endocardium |
| epi- | on or upon | epicardium |
| peri | around | pericardial space |
| cardi- | heart | cardiologist |
| for- | an opening | foramen ovale |
| ovalis | egg shaped | |
| baro- | pressure | baroreceptors |
| dia- | through | diastole |
| stole | contract | systole |
| inter- | between | interventricular |
| periphera- | circumference | peripheral resistance |
| residu- | remainder | residual volume |
| constrict | draw tight | constriction |
| dilat | to widen | dilation |
| -ion | state of | dilation |
| echo | sound | echocardiography |
| graphy | process of recording | |
| congest | accumulate | congestive heart failure |

Chapter 21

| | | |
|--------------|------------------------|----------------------|
| angio- | vessel | angioplasty |
| vas- | vessel | vasoconstriction |
| vene-, vena | vein | venesection |
| arteriola | little artery | arterioles |
| venula | little vein | venules |
| capillaris | hairlike | capillaries |
| systema | an organized whole | systemic circulation |
| tunica | tunic | tunic media |
| media | middle | |
| umbilicus | navel | umbilical artery |
| abdomen- | belly | abdominal aorta |
| brachi- | arm | brachial vein |
| -cephalic | pertaining to the head | cephalic vein |
| circulation- | to go around | circulation |
| jugulum | neck | jugular |

Chapter 22

| | | |
|---------|------------------|---------------|
| leuko- | white | leukocyte |
| anti- | against | antibodies |
| auto- | self | auto immune |
| lymph | water | lymph |
| lympho- | the lymph | lymphocyte |
| edema | swelling | lymphedema |
| -ectomy | surgical removal | tonsillectomy |

| | | |
|---------|-------------------------|------------------------|
| -itis | inflammation | tonsillitis |
| -oma | tumor | lymphoma |
| macro | large | macrophage |
| phage | to eat | |
| T | thymus gland | T cell |
| B | bursa-equivalent tissue | B cell |
| -ity | state of | immunity |
| cella- | storeroom | cell-mediated immunity |
| humor | liquid | humoral immunity |
| medi- | middle | |
| immune- | free | immunity |

Chapter 23

| | | |
|-------------|-------------------------------|--------------------|
| re- | again | respiratory |
| -spira- | breathe | |
| -tory | pertaining to | |
| ex- | out, away from | exhalation |
| expirare | to breath out | expiration |
| inspira | to breath in | inspiration |
| -ation | process of | |
| -pne- | breathe | apnea |
| spiro- | breath | spirometer |
| meter | to measure | |
| pneumo- | air, gas, or lungs | pneumothorax |
| -stomy | to make an artificial opening | tracheostomy |
| pulmon | lungs | pulmonary |
| bronchi- | windpipe | bronchial tree |
| bronchiolus | little windpipe | bronchioles\ |
| epi- | upon | epiglottis |
| -glossa | tongue | |
| respirare | to breathe | respiratory system |
| naso | nose | nasal cavity |
| rhino | nose | rhinitis |
| pharynx | throat | nasopharynx |
| oro- | mouth | oropharynx |
| ventila- | fan or produce wing | ventilation |
| olfactus | sense of smell | olfactory |
| sinus | hollow | |
| pleura | rib | |
| mucus | slime | |
| croup | to croak | |
| acute | sharp | acute bronchitis |
| cancer | crab | |

Chapter 24

| | | |
|------------|-------------|---------------|
| -algia | pain | gastralgia |
| chol- | bile | acholic |
| cholecyst- | gallbladder | cholecystokin |
| crypto- | hidden | |

| | | |
|------------|----------------------------|---------------|
| -dynia | pain | mastodynia |
| e- | out, away from | eviscerate |
| -ectomy | cut out | appendectomy |
| entero- | intestine | enteritis |
| gastro- | stomach | gastrodynia |
| hepato- | liver | hepatitis |
| hepar- | liver | |
| -itis | inflammation | gastritis |
| viscer- | internal organ | viscera |
| porta | gateway | portal system |
| anal | pertaining to the anus | anal canal |
| insula | island | insulin |
| sigma- | pertaining to the letter S | sigmoid colon |
| rectus- | straight | rectum |
| ortho- | straight or normal | orthodontics |
| -odont- | tooth | |
| ulcus | a sore | ulcer |
| appendere- | to hang upon | appendix |
| amyl- | starch | amylase |
| -ase | an enzyme | |
| bili- | bile | bilirubin |
| chymos- | juice | chyme |
| enter- | bowel | enteric |
| faex | waste matter | feces |
| defeca- | to clean the dregs from | defecation |
| lip- | fat | lipase |
| masticat- | chew | mastication |
| mot- | move | motility |
| peps | digestion | pepsin |
| emesis | vomiting | |
| cirrhos- | yellow-orange | cirrhosis |
| colo- | colon | colorectal |
| constipa- | crowd together | constipation |
| dia- | through | diarrhea |
| -rrhea | flow | |

Chapter 25

| | | |
|------------|--------------|-----------------------|
| glyco- | sugar, sweet | glycolysis |
| lip- | fat | lipolysis |
| mal- | bad | malnutrition |
| aero- | air | aerobic respiration |
| an- | without | anaerobic respiration |
| calor- | warmth | calorie |
| -ie | full of | |
| essential- | quality | essential fatty acids |
| gluca- | sweet | glucose |
| -gen- | generate | gluconeogenesis |
| metabol- | change | metabolism |
| nutri- | nourish | nutrition |

| | | |
|----------|-----------|----------|
| vita- | life | vitamins |
| obesity | fatness | |
| marasmus | a wasting | marasmus |

Chapter 26

| | | |
|------------|-----------------|-------------------------|
| -ary | associated with | urinary |
| cysto- | bladder, sac | cystocele |
| nephro- | kidney | nephrectomy |
| ren- | kidney | renal |
| -uria | urine | polyuria |
| glomerulus | small ball | glomerulus |
| justa- | near | juxtglomerular |
| -parare | to make ready | |
| filtrare | to strain | filter |
| peri- | around | peritubular capillaries |
| -tubulus | little tube | |
| medulla | marrow | renal medulla |
| cortex | bark | renal cortex |
| toxikon | poison | toxin |
| chronos | time | chronic |
| pyon- | pus | pyuria |

Chapter 27

| | | |
|--------------|--------------------|---------------|
| interstitium | space between | interstitial |
| extra- | outside | extracellular |
| intra- | occurring within | intracellular |
| acidus | sour | acid |
| al-qaliy | wood ashes | alkaline |
| ph | potential hydrogen | pH |

Chapter 28

| | | |
|--------------|-----------------------------|--------------------|
| ec- | out from | ectopic |
| -edem- | swell | myoedema |
| endo- | within | endometrium |
| mast- | breast | mastectomy |
| -tropic | changing, influencing | gonadotropic |
| andro- | man | androgens |
| epi- | on or upon | epididymis |
| genitalis | belonging to birth | genitals |
| penis | male sex organ | |
| interstitium | space between | interstitial cells |
| gamete | marriage partner | |
| caverna | hollow space | corpus cavernosa |
| spongio | like or related to a sponge | corpus spongiosum |
| corpus | body | |
| ligare | to bind | ligament |
| corpus | body | corpus luteum |
| folliculus | small bag | follicular phase |
| hymen | membrane | |

| | |
|-----------|--------------------|
| men- | month |
| -archaios | from the beginning |
| men | month |
| -metra | womb |
| uterus | womb |
| oo- | egg |
| ova- | egg |
| ovum- | egg |
| orificium | opening |

| |
|-----------------|
| menarche |
| menstrual |
| myometrium |
| oogonia |
| ovaries |
| vaginal orifice |

Chapter 29

| | |
|----------|-----------------------|
| adolesc | grow up |
| pubertas | age of maturity |
| geronto- | old age |
| gesta- | bear |
| infan | unable to speak |
| labor | work |
| neo- | new |
| -nat- | birth |
| gen- | generate |
| parturi- | desire to bring forth |
| placenta | flat cake |
| -pause | cease |

| |
|------------------|
| adolescence |
| puberty |
| gerontology |
| gestation period |
| infancy |
| neonatal |
| postnatal period |
| oogenesis |
| parturition |
| menopause |

Chapter 17

What will be learned in this chapter

Endocrine glands secrete hormones.

4 Characteristics of Hormones

Categories of Hormones

Lipid (steroid) vs water (amino) soluble

What makes an endocrine gland secrete a substance (3 Patterns of Regulation)

humoral, neural, hormonal

Positive and Negative Feedback

Changes in Hormone Secretion Through Time (changes in how often a hormone is secreted) acute, chronic, and cyclic

How hormones are distributed in the body

free in plasma or bound to plasma proteins

Removal of the hormone

excreted, metabolized, active transport, conjugation

Characteristics of the Target Tissues

Specifics of Membrane Bound or Intercellular Hormone Receptors

1. PTH is secreted in response to
 - a. Increased hormone levels of ACTH
 - b. Low Ca^{++} levels
 - c. Neural stimulation from the hypothalamus
 - d. PRH secreted from the hypothalamus

2. ACTH
 - a. Has its action on the anterior pituitary gland
 - b. Is involved in long-term stress
 - c. Raised glucose levels and decreases the immune system functions
 - d. Stimulates the ovaries and testes

3. _____ tells the anterior pituitary to secrete _____.
 - a. GnRH; LH and FSH
 - b. GH-RH; calcitonin
 - c. ADH; water
 - d. PRH; prolactin

4. An example of a hormone under neural stimulation is
 - a. GH
 - b. Oxytocin
 - c. PTH
 - d. TSH

5. The thyroid gland secretes _____ when it is stimulated by TSH.
 - a. TRH
 - b. T_3 and T_4
 - c. Calcitonin
 - d. Thymosin

6. Which of the following hormones has its action on the thyroid gland?
- Corticotrophin releasing hormone
 - Insulin
 - Calcitonin
 - T₃ and T₄
 - None of the above

Chapter 18

Name the gland the hormone is secreted from and the action of the hormone.

T₃ and T₄
 Calcitonin
 Parathyroid Hormone
 Insulin
 Glucagon
 Somatostatin
 Aldosterone
 Cortisol
 Epinephrine and Norepinephrine
 Melatonin
 Testosterone
 Estrogen
 Progesterone
 Growth Hormone
 Prolactin
 Follicle Stimulating Hormone
 Luteinizing Hormone
 Antidiuretic Hormone
 Oxytocin
 Adrenocorticotropin
 Thyroid Stimulating Hormone
 Prolactin Releasing Factor
 Gonadotropin Releasing Hormone
 Growth Hormone Releasing Hormone
 Thyroid Releasing Hormone
 Corticotrophin-releasing Hormone

The _____ secretes hormones to control the release of hormones from the _____ and it sends action potentials to control the secretion of hormones from the _____.

The anterior pituitary secretes _____ in response to GnRH. These hormones have their actions on the _____ or _____ to cause the production of _____ and _____; or _____.

The anterior pituitary secretes _____ in response to GH-RH from the _____. This makes tissues (especially bones and muscles) in the body _____.

The anterior pituitary secretes TSH in response to _____ from the hypothalamus. This hormone stimulates the _____ gland to secrete _____.

The anterior pituitary secretes prolactin in response to _____ from the _____. This hormone is responsible for _____.

ACTH is secreted by the _____ when _____ is secreted by the hypo-thalamus. Receptors for ACTH are located on the _____. This gland then secretes (1) _____ which increases _____ and decreases _____ and (2) _____ which causes sodium to be _____ in the blood along with _____.

The posterior pituitary does not make any hormones, rather it stores hormones made by the _____. These are _____ which causes _____ contractions and _____ which is involved with _____ balance.

After you eat a meal high in calcium, your blood calcium levels are _____. _____ is then secreted to bring calcium levels within normal limits.

After you have not eaten calcium for a period of time, your blood calcium levels are _____. _____ is then secreted to bring calcium levels within normal limits.

You have just eaten three chocolate chip cookies with apple juice. Your glucose levels are _____. _____ is secreted to bring glucose levels within normal limits.

You have not eaten in the past three hours. Your glucose levels are _____. _____ is secreted to bring glucose levels within normal limits.

Name the hormone or hormones responsible for the following events.

Uterine contractions

Lactation

Increased glucose

Increased metabolism

Increasing glucocorticoids and mineralcorticoids

Decreased immune response

Prolactin released from the anterior pituitary

Increased water in the urine

Decreasing the blood pressure

Growth of all tissues

Increasing calcium in the blood

Increasing estrogen in the blood

Increasing sodium ions in the blood

Sleep

Increasing TSH

Major Endocrine Glands and Some of Their Hormones

| Gland | Hormone | in response to | Action | Regulated by |
|----------------------------------|------------------------------|----------------|--------|--------------|
| Hypothalamus | | | | |
| | Releasing hormones | | | |
| | Inhibiting hormones | | | |
| Posterior Pituitary Gland | | | | |
| | Oxytocin | | | |
| | Anti-diuretic hormone | | | |
| Anterior Pituitary Gland | | | | |
| | Growth hormone | | | |
| | Prolactin | | | |
| | Follicle-stimulating hormone | | | |
| | Luteinizing hormone | | | |
| | Thyroid-stimulating hormone | | | |
| | Adrenocorticotrophic hormone | | | |

Thyroid Gland

Triiodothyronine
and Thyroxine

Calcitonin

Parathyroid Gland

Parathyroid
hormone

Pancreas

Insulin

Glucagon

Somatostatin

Adrenal medulla

epinephrine and
norepinephrine

Adrenal cortex

Glucocorticoids

ie. Cortisol

Mineralcorticoids

ie. Aldosterone

Pineal Gland

Melatonin

Thymus

Thymosin

Testes

Androgens

ie. testosterone

Ovaries

Estrogens

progesterone

Identification of Blood Cell Types

Illustrate the following, indicate the number in circulation in a healthy adult, and indicate the function.

1. Erythrocyte

Leukocyte
Neutrophil

Basophil

Eosinophil

Lymphocyte

Monocyte

Platelet

Cigarette smoke produces carbon monoxide. If a nonsmoker smoked a pack of cigarettes a day for a few weeks, what would happen to her reticulocyte count? Explain.

During pregnancy the developing fetus must manufacture many new red blood cells. What precautions should the mother take with her diet to prevent the development of anemia in herself and the fetus?

Chapter 20

1. In the human adult, with a reasonably normal height and weight, what is the total blood volume in the body?
 - a. 6.1 liters
 - b. 5.0 liters
 - c. 3.3 liters
 - d. 4.4 liters
2. How many chambers are in the human heart?
3. What is the medical specialty concerning the cardiovascular system?
4. There are two systems in which blood travels in the cardiovascular system. These are the _____ and _____.
 - a. Vascular, Systemic
 - b. Pulmonary, Systemic
 - c. Pulmonary, Somatic
 - d. Gastrointestinal, Cranial
5. What is the average weight of the adult human heart?
 - a. 710 grams
 - b. 455 grams
 - c. 310 grams
 - d. 510 grams
6. What is the outer membrane of the heart?
7. Blood flows through the heart in this order: right atrium, right ventricle, pulmonary circuit, left atrium, left ventricle...into what vessel is the blood pumped from the left ventricle?
8. What is the other name for the bicuspid valve?
9. Normally the veins carry low oxygenated blood from the capillaries back to the heart. What are the only veins in the human body that carry highly oxygenated blood?
10. In order for the blood to flow through the heart in only one direction there are four valves. What is the name of the valve that prevents the blood from flowing from the left ventricle back into the left atrium?
11. A small mass of specialized muscle in the upper, lateral portion of the right atrium, also known as the pacemaker, is medically known as what?

12. The valve between the right atrium and the right ventricle is called the _____ valve.
13. Which chamber receives the deoxygenated blood from the systemic system first?
14. The human heart is intended to pump _____ to the rest of the body. This process has two distinct components. They are the (electrical, mechanical) impulse that tells the heart to beat and the (electrical, mechanical) impulse that results in pumping of the blood.
15. Name the two types of cells found in the myocardium and their respective function.
16. Name the components of the electrical system of the heart.
17. How do you assess the electrical activity of the heart?
18. Arrhythmias are manifestations of which type of cardiac activity?
19. The SA node initiates _____ beats per minute.
20. If the pulse is between 40 and 60 beats per minute, the electrical impulse that stimulated the rhythm probably originated in the _____.
21. What are two common physical signs used to reflect the mechanical function of the heart?
22. In the normal heart the _____ initiated impulses at the fastest rate and therefore becomes the _____.
23. The autonomic nervous system has two divisions. They are the _____ which will increase heart rate and increase blood pressure and the _____ which will decrease heart rate and decrease blood pressure.
24. The sympathetic system influences the _____ and the _____ while the parasympathetic influences the _____ only.
25. If the vagus nerve is stimulated, you would expect the heart rate to _____.
26. If both branches are exerting equal influence over the heart, what will happen to the rates?

27. In a blood pressure measurement reading 120/80, the number in the denominator is which reading?
28. What is the MAP in a person whose systolic pressure is 162 mm. Hg and whose diastolic pressure is 120 mm. Hg?
29. The left ventricle pushes the blood into the aorta against considerable resistance. What is the pressure exerted by the ventricle called when measured during a physical examination?
- arterial diastolic blood pressure
 - mean aortic pressure
 - mean arterial blood pressure
 - arterial systolic blood pressure
30. The CO is equal to the HR times the SV per beat. At rest with a heart rate of 72 beats per minute and a SV of 65 ml of blood per beat, how much blood would flow through the heart in 24 hours?
31. The system of arteries that supply the heart with its own, separate supply of blood is called
- Coronary arteries
 - Hepatic arteries
 - Endocartrial arteries
 - Ventricular arteries
32. What is the medical term for a severe constricting pain in the chest due to an insufficient blood supply to the heart?
33. From one heart contraction to the next contraction, what percent of the time for this cycle is the heart in the diastolic phase?
- 67
 - 75
 - 50
 - 33
34. What diagnostic method uses ultrasound to view the inside of the heart?
- Coronary artery bypass
 - Echocardiography
 - Angiogram
 - Angiectomy
35. What age group is the most likely to have a heart murmur?
- Infants and children
 - Seniors
 - Middle-age adults
 - Adolescents

| | | |
|--|-------|---------------|
| Increased sympathetic stimulation on the heart | =(36) | HR |
| Moderate increase in preload | =(37) | SV |
| Increased EDV | =(38) | Preload |
| Decrease of cardiac contractility | =(39) | SV |
| | =(40) | CO |
| Moderate Exercise | =(41) | HR |
| | =(42) | SV |
| | =(43) | CO |
| | =(44) | Venous return |
| Decreased compliance | =(45) | Venous return |
| | =(46) | preload |
| | =(47) | SV |

48. The space in the middle of the thoracic cavity where the heart resides is the _____.

49. The foramen ovale in the fetal heart is located between the _____.

50. Name three blood vessels that empty into the right atrium.

51. If communication between the SA node and the AV node becomes blocked, what would be the result?

52. If there is a blockage between the AV node and the AV bundle, how will this affect the appearance of the ECG

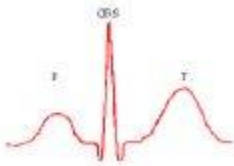
- P-R interval would be smaller
- QRS interval would be longer
- There would be more P waves than QRS complexes
- The T wave would not be present

53. What effect would compressing the inferior vena cava just below the diaphragm have on:

- Stroke volume
- Cardia output
- Heart rate

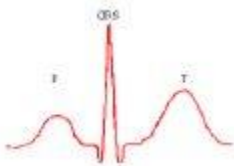
54. Give a brief description of Starling's Law.

55. On the diagram, divide the ECG into the five periods.



56. Write the periods of systole and diastole we have been studying. Give a brief description of each.

57. From the diagram, determine what the chambers and valves are doing at the letter A and letter B.



58. What do the vertical and horizontal lines on the graph paper represent or tell you?

59. How many heart beats would you expect a single cardiac cycle to produce?

60. What does the P wave represent? the QRS? the T wave?

Respiratory System

Describe the functions of the respiratory system

Explain how the respiratory pathway is protected from pathogens, debris, and other foreign particles.

Identify the organs of the respiratory system and describe their functions

Describe the arrangement of smooth muscle and cartilage along the bronchial tree

Know the relationship between the lung, lobe, and bronchopulmonary segment

Describe the relationship between diffusion, temperature, and pH on hemoglobin carrying oxygen

Describe breathing, external respiration, internal respiration, and cellular respiration

Know the terms associated with lung volumes

Describe the law of partial pressures

Describe the partial pressures of oxygen and carbon dioxide in alveolar air, blood, and the systemic circuit

Discuss how carbon dioxide is transported in the blood

Describe factors that influence the respiration rate – conscious and unconscious (reflexes)

Describe how the following affect breathing

Surfactant

Diaphragm

Intercostals muscles

Digestive system

Identify organs of the digestive system and list their major functions

Identify the accessory organs of digestion; know the secretions and list their functions

List enzymes along the digestive tract and identify the molecules that are digested

Outline the chemicals released that regulate digestion (gastrin, CCK, etc)

Describe the anatomy of the oral cavity and list the functions of the major structures

Describe where digestion and absorption occur along the digestive tract

Explain the fate of the digested molecules – water soluble vs fat soluble
Villi

lacteal

Portal triad

Greater duodenal papilla

Sphincter of Oddi

Nutrition

Identify the four molecules of life discussed in class and identify their components (proteins – peptide – amino acids)

Describe carbohydrate metabolism, lipid metabolism, and protein metabolism
Energy gains and losses
Chapter 23
Respiratory Review

1. The largest air passages that engage in gas exchange with the blood are
 - a. Respiratory bronchioles
 - b. Terminal bronchioles
 - c. Primary bronchi
 - d. Alveolar ducts
 - e. Alveoli

2. Respiratory arrest would most likely result from a tumor of the
 - a. Pons
 - b. Midbrain
 - c. Thalamus
 - d. Cerebellum
 - e. Medulla

3. A deficiency of pulmonary surfactant is most likely to cause
 - a. Chronic obstructive pulmonary disease
 - b. Atelectasis
 - c. Pneumothorax
 - d. Chronic bronchitis
 - e. Asthma

4. The source of pulmonary surfactant is
 - a. The visceral pleural
 - b. Tracheal glands
 - c. Alveolar capillaries
 - d. Squamous alveolar cells
 - e. Great alveolar cells

5. Which of the following are fewest in number but largest in diameter?
 - a. Alveoli
 - b. Terminal bronchioles
 - c. Alveolar ducts
 - d. Tertiary bronchi
 - e. Respiratory bronchioles

6. The rhythm of breathing is set by neurons in the
 - a. Medulla
 - b. Pons
 - c. Midbrain
 - d. Hypothalamus
 - e. Cerebral cortex

7. Which of the following muscles aids in deep respiration?
 - a. Scalenes
 - b. Sternocleidomastoid
 - c. Rectus abdominis
 - d. External intercostals
 - e. Diaphragm
8. The superior opening into the larynx is called the _____.
9. Within each lung, the airway forms a branching complex called the _____.
10. The three folds on the lateral walls of the nasal cavity are called _____.

True/False

Explain the false statements.

1. The glottis is the opening from the larynx to the trachea.
2. The lungs contain more respiratory bronchioles than terminal bronchioles.
3. The lungs occupy the spaces between the parietal and visceral pleura.
4. Expiration is normally caused by contraction of the internal intercostals muscles.
5. Alveoli continue to be produced after birth.
6. Unlike bronchi, bronchiols have no cartilage.
7. Blood gases are monitored by the aortic and carotid sinuses.

Critical Thinking

1. What are the factors that make respiration more difficult at high altitudes?
2. For a person who has hyperventilated, how would you explain why breathing into a paper bag restores normal blood chemistry more rapidly than continued breathing into the atmosphere?
3. What would happen if someone tried breathing through a 2-inch diameter tube that was 3 feet long?
4. Carbon monoxide competes for oxygen-binding sites on the heme group of hemoglobin. Can you predict whether the heme group has a stronger affinity for oxygen or carbon monoxide?
5. What would be the effect on blood pH with a blocked trachea?
6. Can you explain why the respiration rate would remain elevated, even after exercise has been completed? Hint – see the muscle chapter.
7. What is the effect on humidity on respiration?

Chapter 24 Digestion Review

1. Define the terms.
Ingestion
Digestion
Motility
Secretion
Absorption
Elimination
Regulation
2. What is the purpose of peristalsis
3. What hormone increases gastric secretions?
4. What hormone increases duodenal secretions?
5. What type of reaction do all digestive enzymes catalyze?
6. List some factors that alter the shape of an enzyme, thus altering its function.
7. Name the final digestive products of each of the following food molecules:
 - a. Protein
 - b. Carbohydrate
 - c. Triglyceride
8. Name the components of saliva.
9. Name the components of gastric juice.
10. Name the pancreatic enzymes.
11. Name the components of bile.
12. What is the function of gastric inhibitory peptide?
13. What triggers the defecation reflex?
14. What are the components of feces?

Chapter 26 Urinary Review

1. List the principal and accessory organs of the urinary system.
2. The male urethra is part of two different systems. Identify them.
3. Describe the structure of a nephron.
4. Outline the pathway of urine from the collecting duct to the urethra.
5. Identify three body systems in addition to the urinary system that also excrete unneeded substances.

Chapter 27 Electrolyte Review

1. By what routes does the body lose water?
2. What is the primary regulator of water loss?
3. What types of water loss are unavoidable?

4. Where is the thirst center located? How does it regulate water balance?
5. Which electrolytes are most important to cellular functions?
6. By what routes are electrolytes gained by the body?
7. By what routes does the body lose electrolytes?
8. What hormones are involved in regulating ion concentration?
9. Name 3 main factors of edema and possible causes of each.
10. Name 5 sources of H⁺ for the body.
11. List 3 buffer systems. What is the overall purpose of a buffer?
12. What is the normal pH in the artery, vein, interstitial fluid and intracellular fluid? Why does the pH vary?
13. What is the difference between a strong acid or base and a weak acid or base? What would HBr and KOH look like in a glass of water?
14. What systems are directly related to the pH?
15. Define alkalosis and acidosis. What is metabolic acidosis or physiological acidosis?
16. Define and list the symptoms of heat exhaustion and heat stroke.

Chapter 28

Reproductive Review

1. Identify the essential and accessory organs in the female reproductive system.
2. Describe the three layers that compose the wall of the uterus.
3. Identify the vessels that supply blood to the uterus.
4. List the eight ligaments that hold the uterus in a normal position.
5. How does the uterus serve as part of the female reproductive tract?
6. What hormones are secreted by the cells in ovarian tissue?
7. Identify the advantages that nursing from the mother's breast provides offspring.
8. Describe the hormonal changes during menopause.
9. Name the accessory glands of the male reproductive system.
10. What are the two primary functions of the testes?
11. What is the spermatic cord? From what does it extend, and what does it contain?
12. Why is the adage "It only takes one" incorrect?

Endocrine System Lab Supplement

Posterior pituitary hormones

increases or decreases

1. When ADH is secreted the amount of urine _____.
2. When ADH is secreted the concentration of the urine _____.
3. When ADH is secreted, the blood volume _____.
4. When ADH is secreted, blood pressure _____.

blood osmolality (concentration) or blood pressure

1. A decrease in _____ usually accompanies a drop in blood volume.
2. An increase in _____ results in an increase of ADH secretion
3. An increase in _____ results in a decrease of ADH secretion

Hyper or hypo

1. Production of a large amount of dilute urine or diabetes insipidus is caused by _____ secretion of ADH
2. Production of small quantities of very concentrated urine is caused by _____ secretion of ADH.

decreases or increases

1. Oxytocin _____ smooth muscle contractions on the uterus.
2. Oxytocin _____ milk ejection in lactating females
3. Stretching the uterus _____ oxytocin secretion
4. Stimulating the nipples by nursing _____ oxytocin secretion

Anterior pituitary hormones

decreases or increases

1. Secretion of GH _____ growth and metabolic rate.
2. *Low blood glucose levels _____ GH secretion
3. GH-RH from the hypothalamus _____ GH secretion
4. GH-IH from the hypothalamus _____ GH secretion
 - a. What is another name for GH-IH?

hyper or hypo

1. _____ secretion of GH produces dwarfism in children
2. _____ secretion of GH produces giantism in children
3. _____ secretion of GH produces acromegaly in adults

Match the following

FSH and LH
GnRH

PRH
prolactin

1. secreted from the anterior pituitary and regulates gamete and reproductive hormone production
2. stimulates the secretion of LH and FSH
3. Responsible for milk production in the mammary glands
4. stimulates prolactin production

Thyroid Gland

I⁺
Triiodothyronine
tetraiodothyronine

Thyroxin-binding globulin
Tyrosine

1. amino acid used in the synthesis of thyroid hormones
2. actively absorbed into thyroid follicles and is oxidized and bound to tyrosines
3. also called thyroxine and is the most secreted produce of the thyroid gland
4. the major thyroid hormone that interacts with target cells
5. transports most thyroid hormones and increases the half-life of thyroid hormones

decreases or increases

1. Secretion of thyroid hormones _____ the rate the body uses glucose, fat, and protein
2. Secretion of thyroid hormones _____ body temperature.

Hyper or hypo

1. Increased metabolic rate, weight loss and sweating are symptoms of _____ secretion of thyroid hormones.
2. Hyperactivity, rapid heart rate, and exophthalmos are symptoms of _____ secretion of thyroid hormones.
3. Weight gain, reduced appetite, and dry, cold skin are symptoms of _____ secretion of thyroid hormones.
4. Decreased iodide uptake, and cold intolerance are symptoms of _____ secretion of thyroid hormones.
5. Decreased iodide uptake resulting from iodine deficiency in the diet and goiter are symptoms of _____ secretion of thyroid hormones.
6. Grave's disease is caused by _____ secretion of thyroid hormones

decreases or increases

1. *stress or exposure to cold _____ TRH secretion
2. *prolonged fasting _____ TRH secretion
3. increase of TRH _____ TSH secretion
4. increase of TSH _____ synthesis and secretion of T_3 and T_4
5. increases in T_3 and T_4 _____ TRH secretion
6. increases in T_3 and T_4 _____ TSH secretion

What is the isthmus?

decreases or increases

1. Calcitonin _____ the breakdown of bone by osteoclasts
2. Calcitonin _____ blood calcium levels
3. Increased blood calcium levels _____ calcitonin secretion

Parathyroid Gland

Increase or decrease

1. *Increased parathyroid hormone _____ osteoclast activity in bone.
2. Increased parathyroid hormone _____ calcium reabsorption in the kidneys.
3. Increased parathyroid hormone _____ formation of vitamin D synthesis, which increases the rate of calcium and phosphate absorption in the intestine.
4. Increased parathyroid hormone _____ blood calcium levels.
5. Low blood calcium levels _____ PTH secretion

Hypersecretion or hyposecretion

1. *Kidney stones, eroded bones, and muscular weakness are symptoms of _____ of PTH.
2. Increased muscular excitability, muscle tetany, and diarrhea are symptoms of _____ of PTH.

Adrenal Glands

Cortex or medulla

1. The inner portion of the adrenal gland is the adrenal _____.
2. The adrenal _____ is part of the sympathetic division of the ANS. It secretes _____ and _____.
3. The adrenal _____ is the outer portion of the adrenal gland and contains the zona glomerulosa, zona fasciculata, and zona reticularis.

Adrenal Medulla

Epinephrine or Norepinephrine is secreted in larger quantity.

Decreases or increases

1. Secretion of adrenal medullary hormones would _____ heart rate and the force of contraction of the heart.
2. Secretion of adrenal medullary hormones would _____ blood glucose levels.
3. Secretion of adrenal medullary hormones would _____ blood flow to the skin, kidneys, and digestive system
4. Secretion of adrenal medullary hormones would _____ blood flow to heart and skeletal muscle.
5. Emotional excitement, stress, exercise, or injury will _____ adrenal medullary hormone secretion.
6. Stimulation of sympathetic neurons will _____ adrenal medullary hormone secretion.

Adrenal Cortex

Match the following.

Glucocorticoids

Mineralcorticoids

1. Example is aldosterone
2. Example is cortisol

Decreases or increases

1. Secretion of aldosterone _____ sodium ion concentration in the blood.

Hypersecretion or hyposecretion

1. High blood sodium levels are caused by _____ secretion of aldosterone.

Decreases and increases

1. *Secretion of cortisol will _____ fat and protein breakdown.
2. Secretion of cortisol will _____ blood glucose levels.
3. Secretion of cortisol will _____ the intensity of the inflammatory response.

Match the following with the statement.

ACTH Hypoglycemia or stress

Cortisol Hypothalamus

CRH

1. _____ is the location of CRH production.
2. _____ is a neurohormone that stimulates ACTH production.
3. _____ stimulates cortisol production.
4. _____ and _____ inhibit CRH secretion.
5. _____ inhibits ACTH production.
6. _____ *are external factors that stimulate CRH production.

Hyper- or hypo- secretion of cortisol

1. _____ secretion causes hyperglycemia leading to diabetes mellitus.
2. _____ secretion causes depression of the immune system.

Match the following.

Addison's disease Cushing's syndrome
Aldosteronism

1. _____ is caused by hypersecretion of aldosterone.
2. _____ is caused by hypersecretion of cortisol and androgens.
3. _____ is caused by hyposecretion of aldosterone and cortisol.

Increases or Decreases

1. Secretion of adrenal androgens _____ pubic and axillary hair in women.
2. Secretion of adrenal androgens _____ the sex drive in women.

Pancreas and Pancreatic Hormones

Match the following.

Alpha cells Ducts and acini
Beta cells Pancreatic islets
Delta cells

1. _____ constitutes the exocrine portion of the pancreas.
2. _____ are islet cells that secrete glucagon.
3. _____ are islet cells that secrete insulin.

Increases or decreases

1. Insulin _____ uptake and use of glucose and amino acids in muscle cells.
2. Insulin _____ blood sugar levels.
3. Glucagon _____ the breakdown of liver glycogen to glucose.
4. Glucagon _____ glucose synthesis from amino acids and fats.
5. Glucagon _____ blood sugar levels.

Increase or Decrease

1. Immediately after a meal, insulin secretion _____.
2. Immediately after a meal, uptake of glucose, amino acids, and fats _____.
3. Immediately after a meal, the amount of glucose converted to glycogen is _____.
4. Two hours after a meal, insulin secretion _____.
5. Two hours after a meal, uptake of glucose is _____.
6. Two hours after a meal, the amount of glycogen converted to glucose _____.

7. Two hours after a meal, the utilization of fats and proteins used as an energy source for most tissues _____.
8. During exercise, sympathetic division stimulation _____.
9. During exercise, the amount of epinephrine and glucagon released is _____.
10. During exercise, the secretion of insulin will _____.
11. During exercise, the amount of fatty acids, triacylglycerols, and ketones in blood will _____.
12. During exercise, the amount of fat and glycogen used in skeletal muscle as an energy source will _____.

Match the following terms with the correct definition.

melatonin pineal body thymosin

1. _____ *is the endocrine gland that inhibits reproductive functions.
2. _____ is one secretion of the pineal body; its production decreases as day length increases
3. _____ is a hormone produced by the thymus that affects the immune system.

Practical 1 Endocrine Glands and The Heart

Endocrine Glands

- Hypothalamus
- Pineal
- Anterior pituitary
- Posterior pituitary
- Thymus
- Thyroid
- Parathyroid
- Pancreas
- Adrenal
- Ovaries
- Testes

The Heart

Chambers

- Right atria
- Left atria
- Right ventricle
- Left ventricle

Valves

- Tricuspid
- Pulmonary semilunar
- Bicuspid (mitral)
- Aortic semilunar

Structures

- Apex
- Trabeculae carneae
- Chordae tendinae
- Papillary muscle
- Interventricular septum
- Myocardium
- Visceral pericardium
- Fossa ovalis
- Ligamentum arteriosum
- Atrioventricular groove

Fetus

Foramen ovale
Ductus arteriosus

Conduction System

SA node
AV node
AV bundle (Bundle of His)
Right and left bundle branches
Purkinje fibers

Vessels associated with the Heart

Inferior vena cava
Superior vena cava
Aorta
Aortic arch
Pulmonary trunk
Right pulmonary artery
Left pulmonary artery
Right pulmonary veins
Left pulmonary veins

Coronary Blood Vessels and related structures on the Heart

Right coronary artery
Marginal artery
Left coronary artery
Circumflex artery
Anterior interventricular artery
Posterior interventricular artery
Coronary sinus
Great cardiac vein
Middle cardiac vein
Small cardiac vein
Anastomosis

Practical 2 Lymph and Blood Vessels

Bypass Heart Model

Ascending aorta
 Aortic arch
 Descending aorta
 Brachiocephalic artery
 Left common carotid artery
 Left subclavian artery
 Right common carotid artery
 Right subclavian artery

Brain

Middle cerebral artery 252
 Basilar artery 256
 Anterior cerebral artery 251
 Circle of Willis
 Internal carotid artery (rt and lt)
 Vertebral artery (lt and rt)

Fetal Model

Umbilical vein
 Umbilical arteries
 Placenta
 Ductus venosus
 Inferior vena cava
 Foramen ovale
 Ductus arteriosus
 Hypogastric arteries

Man on board

External carotid artery
 Thoracic aorta
 Abdominal aorta
 Common iliac artery and vein
 Internal iliac artery and vein
 External iliac artery and vein
 Femoral artery and vein
 Popliteal artery
 Anterior tibial artery
 Posterior tibial artery
 External jugular vein
 Internal jugular vein
 Great saphenous vein
 Inferior vena cava

Arm model

Axillary artery
 Brachial artery
 Ulnar artery
 Radial artery
 Palmar arches

Leg model

Femoral artery
 Popliteal artery
 Anterior tibial artery
 Posterior tibial artery
 Dorsal pedis artery

Torso

Axillary artery
 Subclavian artery (rt and lt)
 Thoracic aorta
 Abdominal aorta
 Internal thoracic artery 273
 Left gastric artery 292
 Superior mesenteric artery 304
 Splenic artery 293
 Inferior mesenteric artery 315
 Celiac trunk 291
 Inferior phrenic artery 288
 Hepatic artery 298
 Gastroduodenal artery 301
 Gonadal artery 327
 (testicular or ovarian)
 renal artery
 common iliac artery (rt and lt)
 internal iliac artery (rt and lt)
 external iliac artery (rt and lt)
 external jugular vein
 internal jugular vein
 brachiocephalic vein (rt and lt)
 subclavian vein (rt and lt)
 axillary vein
 external iliac vein (rt and lt)
 internal iliac vein (rt and lt)
 inferior vena cava
 femoral vein
 femoral artery

Hepatic portal system

- Gastric vein
- Superior mesenteric vein
- Inferior mesenteric vein
- Hepatic portal vein
- Hepatic vein
- Inferior vena cava

Pancreas model

- Celiac trunk
 - Left gastric artery
 - Splenic artery
 - Common hepatic artery
 - Hepatic artery
 - Gastroduodenal artery

Vessels on the fetal pig

- Pulmonary trunk
- Aorta
- Aortic arch
- Subclavian artery and vein
- Common carotid artery
 - Internal carotid artery
 - External carotid artery
- Descending aorta
 - Thoracic aorta
 - Abdominal aorta
- Celiac trunk
 - Left gastric artery
 - Splenic artery
 - Common hepatic artery
- Superior mesenteric artery and vein
- Renal artery and vein
- Gonadal artery and vein (testicular or ovarian)
- Inferior mesenteric artery
- Common iliac artery and vein
- Internal iliac artery and vein
- External iliac artery and vein
- Femoral artery and vein
- Superior vena cava
- Inferior vena cava
- Jugular vein

Lymphatic system

Thymus

Spleen

Lymph vessel

Cervical lymph nodes

Axillary lymph nodes

Mammary lymph nodes

Inguinal lymph nodes

*lymph nodes are located in all portions of the body except the CNS

Practical 3 Respiratory and Digestive Systems

Respiratory board

- Nares
- Nasal cavity
- Nasopharynx
- Oropharynx
- Uvula
- Primary bronchi
- Secondary bronchi
- Bronchioles
- Alveoli
- Pulmonary arterioles
- Pulmonary venules

Torso head

- olfactory sensory area
- pharyngotympanic tube opening
- pharyngeal tonsils
- palatine tonsils
- parietal pleura
- visceral pleura
- pulmonary arteries
- pulmonary veins

Trachea model

- Glottis
- Epiglottis
- Vocal cords
- Thyroid cartilage
- Cricoid cartilage
- Arytenoid cartilage

Torso model

- Teeth
- Gingivae 504
- Submandibular gland 505 and 506
- Sublingual gland 508
- Sublingual duct 507
- Parotid gland 509
- Parotid duct
- Rugae of stomach 525
- Pancreas 531, 532, 533
- Pancreatic duct 535
- Cecum 544
- Appendix 545

Ascending colon 546
 Hepatic flexure 547
 Transverse colon 548
 Splenic flexure 551
 Descending colon 552
 Sigmoid colon 553
 Rectum 554
 Liver
 Falciform ligament 558
 Round ligament 561

Fetal Pig

Midsagittal section of the pig on display
 Nares
 Nasal cavity
 Hard palate
 Soft palate
 Nasopharynx
 Oropharynx
 Epiglottis
 Esophagus
 Larynx
 Trachea
 Liver
 Gall bladder
 Cystic duct
 Common hepatic duct
 Common bile duct
 Stomach
 Greater and lesser curvatures
 Location of gastroesophageal constrictor (cardiac sphincter)
 Pylorus
 Location of pyloric sphincter
 Small intestines
 Duodenum
 Jejunum
 Ileum
 Large intestines
 Cecum
 Location of ileocecal sphincter
 Descending colon
 Rectum
 Pancreas
 Spleen
 Mesentery

Practical 4 Urinary and Reproductive Systems

Urinary system model

- Kidneys
- Abdominal aorta
- Renal artery
- Renal vein
- Inferior vena cava
- Ureters
- Urinary bladder
- Urethra
- Location of Internal sphincter
- Location of External sphincter
- Renal pelvis
- Calyces
- Renal capsule
- Cortex
- Medulla
- Renal pyramid
- Renal papilla

Nephron Model

- Renal corpuscle
- Glomerulus
- Bowman's (glomerular) capsule
- Afferent arteriole
- Efferent arteriole
- Peritubular capillaries
- Proximal convoluted tubule
- Loop of Henle
 - Descending limb
 - Ascending limb
- Distal convoluted tubule
- Collecting duct

Sheep Kidney

- Renal capsule
- Renal medulla
- Renal cortex
- Renal artery and vein
- Renal pelvis
- Calyx
- Pyramid
- Ureter

Male Reproductive System

Testes
 Scrotum
 Epididymis
 Vas deferens
 Seminal vesicles
 Common ejaculatory duct
 Urethra
 Prostate gland
 Corpus spongiosum
 Corpus cavernosa
 Septum
 Glans penis
 Prepuce

Female Reproductive System

Vulva
 Mons pubis
 Vaginal orifice
 Labia majora
 Labia minora
 Clitoris
 Urethral orifice
 Uterus

- Fundus
- Corpus
- Cervix
- Myometrium
- Endometrium
- External os

 Vagina
 Fallopian tubes
 Infundibulum
 Ovary
 Fimbriae
 Symphysis pubis
 Urethra
 Urogenital diaphragm
 Anterior-cul-de-sac
 Rectouterine pouch
 Broad ligament
 Round ligament
 Ovarian ligament
 Suspensory ligament
 Infundibulopelvic ligament
 Sacrum, rectum, anus

 TEXARKANA COLLEGE

Blood Cell Identification

Information:

Blood is composed of plasma and formed elements.

Plasma is the liquid portion of the blood. It is about 91% water while the remaining portion is made up of proteins, ions, gases, waste products, and regulatory substances.

The formed elements consist of erythrocytes, leukocytes, and thrombocytes.

Materials needed for this exercise:

Microscope

Slide of blood smear

Procedure:

There are six microscopes that are focused on either erythrocytes or different types of leukocytes. You and your lab partner are to identify the specific type of blood cell in the field of view. Complete the handout on the next page with your information.

If you need guidance, Section 19.4 of your lecture book describes and illustrates the formed elements of the blood.

Blood Cell Types

| Number | Sketch | Description of nucleus | Cytoplasmic granules present or absent: If present, what color. | Size of cell | Relative abundance (%) | Cell identification |
|--------|--------|------------------------|---|--------------|------------------------|---------------------|
| 1. | | | | | | |
| 2. | | | | | | |
| 3. | | | | | | |
| 4. | | | | | | |
| 5. | | | | | | |
| 6. | | | | | | |

| Student Learning Outcomes by Course | | | | | | |
|--|-------------------------------------|-----------------------------------|-----------------------|---|---------------------------------------|---------------------------------|
| Program Area: | Course Number/Name: | | | | Semester/Date: | |
| Biology | Biol 2402 Anatomy and Physiology II | | | | Spring 2013 | |
| Student Learning Outcomes (SLO) | Assessment Tool | Desired Measurable Results | Actual Results | Use of Results | New Action Plan | Justification |
| 1. Identify and describe the structural features of the endocrine system and explain the functional roles of hormones | Pre-/Post-Test Comparison Score | 70% | 77% | Desired Results Met: Continue Existing Plan | | |
| 2. identify and describe the components of blood and explain their functional roles. | Pre-/Post-Test Comparison Score | 70% | 92% | Desired Results Met: Continue Existing Plan | | |
| 3. Identify and describe the structural features of the heart and blood vessels and explain their functional role. | Pre-/Post-Test Comparison Score | 70% | 85% | Desired Results Met: Continue Existing Plan | | |
| 4. Identify and describe the structural features of the respiratory system and explain their functional roles in | Pre-/Post-Test Comparison Score | 70% | 74% | Desired Results Met: Continue Existing Plan | | |
| 5. identify the structural features of the lymphatic system and explain its role in fluid balance, fat absorption, and | Pre-/Post-Test Comparison Score | 70% | 71% | Desired Results Met: Continue Existing Plan | | |
| 6. Identify and describe structural features of the digestive system and explain their roles in digestion, | Pre-/Post-Test Comparison Score | 70% | 77% | Desired Results Met: Continue Existing Plan | | |
| 7. Identify the structural features of the urinary system and explain their functional roles in urine formation and | Pre-/Post-Test Comparison Score | 70% | 87% | Desired Results Met: Continue Existing Plan | | |
| 8. Describe the physiology of homeostatic mechanisms that control fluid and electrolyte balance | Pre-/Post-Test Comparison Score | 70% | 61% | Desired Results Not Met: Revise Existing Plan | Change/Revise Instructional Materials | Revise time allotted to subject |
| 9. Define buffer systems and explain their roles in acid-base balance. | Pre-/Post-Test Comparison Score | 70% | 77% | Desired Results Met: Continue Existing Plan | | |
| 10. Identify and describe structural features of the male and female reproductive systems and explain their | Pre-/Post-Test Comparison Score | 70% | 91% | Desired Results Met: Continue Existing Plan | | |