**Syllabus:** Introduction to Alcohol & Other Drug Addictions
**Course Number:** DAAC 1319.02
**Semester & Year:** Fall 2018

**Instructor Information**

 Name: Deborah James, MA, LCDC
 Office: BCT. Room 6 -**Thursday 6:00P.M.--- 8:50 P.M.**
 Telephone: 903-823-3245
 E-mail: Deborah.James@texarkanacollege.edu
 Office Hours: Contact me by email

**Textbook Required:**

 **Hart, C.L., Ksir, C. (2018). Drugs, Society, and Human Behavior, (17th ed.)**

**New York: McGraw-Hill. ISBN 978-1-259-91386-0**

**Student Learning Objectives for the Course include, but not limited to the following:**

1. Understand the historical use of substances and how technology has advanced the evolution of psychoactive drugs.
2. Critically examine policies about substance use in the United States and other countries and develop your own views on how this social problem should be addressed.
3. Discuss the drug classification system
4. Understand the physiology of usage and the impact on the body and brain.
5. Develop a greater awareness of the reasons people use and misuse substances.
6. Understand the difference between substance abuse and dependence and how clinicians and prevention specialist address these problems.
7. Apply this information in your personal and professional lives.

**Student Requirements for Completion of the Course:** My goal as instructor is to create an environment that enhances your ability to learn the material list above, to make this happen you must make every effort to learn the material, list are requirements needed to obtain the learning goal:

* Actively participate in classroom discussions
* Complete required readings **Prior** to attending class
* Review and analyze material that relates to the course content
* Ask thoughtful questions freely in classroom
* Share and engage in self-reflection

**Support Group Attendance (Exam 1 total points 50):**

You will be expected to attend 6 support group meetings (*they can be a different support groups, or the same group)* and after attending all 6 meetings write a 1-page paper (*double-spaced, typed, standard margins, 12-point font)* summarizing your reactions to the meetings. Be prepared to share your reactions with the class. If you have never attended a support group meeting before, you are encouraged to select **open** meetings for this assignment. If, however, you do attend meetings, then select one of the other support groups available., The purpose of this assignment is to help you expand your understanding of support groups and 12-step organizations. **Check the syllabus for due date of the paper, No late papers accepted.**

**Attendance (10 points each, 50 total points**)

Attendance will be taken by your participation in 5 unannounced quizzes/ activities throughout the semester.

**Quizzes (10 points each, 100 total points)**

Quizzes will be administered during classes; the day will be selected by the instructor. Each quiz is work 10 points towards overall grade. Points earned will be based upon the percentage correctly answered. Question will come from material from lectures, guest speakers, videotapes, group presentations, and/or assigned readings. **There are no makeups for quizzes**

**Midterm: Abstinence Paper (total 50 points)**

For a 3-week period, abstain from a substance of your choice that you currently use (nicotine, caffeine, alcohol, sugar) and keep a journal of your experience. Keep a journal (at least 3 entries a week) of the difficulty in giving up the substance any withdrawal you experienced, social pressures to use, relapse events, etc. You must turn in the journal by the **midterm date on the syllabus.** Let me know in writing the substance you are giving up, and the start date of your program. If you do nut use any substances, please talk to me about alternative behavior changes. Students may give up computer games, shopping, television, and similar vices. Some may choose to lead a very clean life style by adding healthy practices for the 3-weeks such as yoga or mediation if these are behaviors that you are currently active doing. **Late journals will lose 20 points per-week and after 2 weeks will not be accepted.**

**Group Presentation (100 Points)**

Most treatment agencies require counselors to provide client education, i.e., lectures on some aspect of chemical dependency. For this assignment, you will prepare a lecture, write out the lecture, design any activities to accompany the lecture, and give the lecture to the class as if we were a client group in a treatment facility. The paper copy of the lecture must be typed in 12-point font, cite all resources used. The presentation/lecture should be between 20- 30 minutes long and **may not include video tapes.**

**The written paper and presentation combined will be worth 100 points. Both will be graded on content (**thoroughness, originality, understanding of the material) and presentation.

|  |  |  |
| --- | --- | --- |
| **COURSE COMPONENTS** | **POSSIBLE POINTS** | **POINTS EARNED** |
| Attendance Quiz | 50 (5 @ 10 Points each) |  |
| Quizzes | 100 (10 @ 10 Points each) |  |
| **Midterm-**Abstinence Paper | 50 Points |  |
| Group Presentation | 100Points |  |
| **2- Exams** | 100 (2 @ 50 Points each ) |  |
| **TOTAL POINTS** |  **400 POINTS** |  |

**Class Schedule**

|  |  |  |
| --- | --- | --- |
| **MONTH** | **DATE** | **MATERIAL TO BE COVERED** |
| **October** | **11th** | **Chapter 9 Alcohol Test**  **Review Chapters 10 & 11** |
| **October** | **18th** | **Chapter 10 & 11 Test****Review Chapter 13** |
| **November**  | **25th** |  **Chapter 13 Test****Support Group Attendance Paper Due today-EXAM 1****Review Chapter 15 & 17** |
| **November** | **1st** | **Chapter 15 & 17 Test****Draw # for Lectures** |
| **November** | **8th** | **Presentation/Lectures –Takes Notes** |
| **November**  | **15th** |  **Presentation/Lectures – Take Notes** |
| **November** | **22nd** | **Thanksgiving 19th-23rd Happy Thanksgiving.!!!!!** |
| **December** | **29th** | **Final Exam** |
| **December** | **6th** | **Review of course and Review of graded final**  |
|  | **13th**  | **LAST NIGHT OF CLASS** |

Attendance is expected, and roll will be checked. **Students whose absences exceed the limit of 3 (three) will be dropped from the course. Jobs, family and illness are not excuses. The only excused absences are for school related events, military duty, or Holy Days.**

**Confidentiality**

 Due to the personal nature of this class, confidentiality pertaining to the nature of the disclosures of those involved is of the utmost importance. None of you will feel the trust or safety necessary for personal work and self-exploration on a meaningful level unless you are convinced that your confidentiality will be respected. Enrolling in this class carries with it the responsibility to maintain confidentiality. This issue will be discussed in more detail in class and prior to the first group sessions.

**Texarkana College’s absentee policy** allows instructors to withdraw a student from a course due to excessive absences. If a student leaves and returns during class or leaves the class before the class is over, he/she may be considered absent. Three late attendances constitute one absence.

Faculty members **are not** obligated to provide opportunities for students to make-up missed assignments and tests as a result of a student’s absence from class. Experience demonstrates that regular attendance enhances academic success.

Let me assure you that it is not my desire to drop any student for absences, but we are required by our administration to take roll and drop for excessive absences. If you find that you are approaching your limit of four absences, and must miss our class, please let me know. Email me and let me know---don’t just disappear!!! As long as I hear from you, I won’t drop you from class.

A student should not stop attending a class without formally withdrawing from the course by Texarkana Colleges published Last Day for Students to Drop, the student may receive a grade of “F” in the class. The instructor will submit the last date of attendance for students receiving a grade of “F” or “W”.

Withdrawal from a course(s) **may** affect a student’s current or future financial aid eligibility. Students should consult the Financial Aid Office to learn both short and long-term consequences of a withdrawal.

**Make-up Policy**

**Test-** Make-up test **if allowed** will be placed in the Testing Center for students who miss the scheduled tests. Those who miss a test have **one week** after the scheduled test date to take the make-up test in the Testing Center. **Failure to take the make-up test in the time allowed will result in a Grade of “0” for that test. *Students are not allowed to use notes for the make-up test.***

**Academic Integrity Statement**

Scholastic dishonesty, involving but not limited to cheating on a test, plagiarism, col­lusion, or falsification of records will make the student liable for disciplinary action after being investigated by the Dean of Students. Proven violations of this nature will result in the student being dropped from the class with an “F”.

This policy applies campus wide, including TC Testing Center, as well as off-campus classroom or lab sites, including dual credit campuses. This information can be found in the Student Handbook at <https://texarkanacollege.edu>.

**Disability Act Statement:**

Texarkana College complies with all provisions of the Americans with Disabilities Act and makes reasonable accommodations upon request. Please contact Larry Andrews at 903.823.3283, or go by the Recruitment, Advisement, and Retention Department located in the Administration building for personal assistance.

If you have an accommodation letter from their office indicating that you have a disability which requires academic accommodations, please present it to me so we can discuss the accommodations that you might need for this class. *It is best to request these changes at the beginning if not before the start of class* so there is ample time to make the accommodations.

**Financial Aid:**

**Attention!** Dropping this class may affect your funding in a negative way! You could owe money to the college and/or federal government. Please check with the Financial Aid office before making a decision.

**Any changes to this syllabus will be announced in class.**

I have read and understand the information contained in the Syllabus for DAAC 1319.02 and attest to the with my signature below.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Printed Name Date Signature