**Syllabus:** Wellness of the Young Child

**Course Number:** TECA 1318

**Semester & Year:** Spring (1st 8 Weeks); 2025

**Instructor Information**

Name: Dana L. Strickland  
 Office: “G” – Social Sciences Building

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 E-mail: dana.strickland@texarkanacollege.edu  
 Office Hours: Mondays: 10:00-11:00; 3:00-5:00

Tuesdays: 10:00-11:00; 2:30-3:30

Wednesdays: 10:00-11:00; 12:30-1:30

Thursdays: 10:00-11:00; 12:30-2:30

Fridays: No Office Hours!

Course Description

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| A study of the factors that impact the well-being of the young child including healthy behavior, food, nutrition, fitness, and safety practices. Focuses on local and national standards and legal implications of relevant policies and regulations. |

Student Learning Outcomes

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| 1. Students will learn to apply a holistic environment approach to wellness in Early Childhood Education. 2. Students will learn to set up and maintain safe indoor and outdoor environments. 3. Students will learn basic First Aid and CPR steps for young children in emergency situations. 4. Students will learn about basic nutrition in Early Childhood Education environments. 5. Students will learn about menu planning and providing appropriate nutrition for diverse children. 6. Students will learn about food preparation and safety. 7. Students will learn specific tools for promoting and maintaining good health in children. 8. Students will learn about preventing illness through infection control. 9. Students will learn about preventative measures, indicators, and steps to take in reporting suspected cases of child abuse/neglect. 10. Students will learn specific strategies to use to promote good mental health and emotional well-being in young children. |

Resources

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| ***T******exts:*** | No textbook is currently required for this course. |
| ***Outside readings:*** | Moodle assignments/articles |
| ***Classroom supplies:*** | Reliable internet |

Course Policies

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| Attendance will be counted physically each Monday. Students must attend class in-person as well as complete online Moodle assignments in order to remain in this course.  **Make-up Work Policy**: Each student in this course may request TWO total extensions on any Moodle assignments that they do not submit by the weekly deadline – This does NOT include redoing an assignment in order to make a higher grade. To request an extension, a student must EMAIL the professor and be specific! A new deadline will then be granted to the student for completing an assignment. Failure to comply with this new individual deadline will still count as ONE of your TWO total extensions. No extensions can be granted ON or AFTER Monday, March 10th! Please allow at least ONE WEEK for late work to be adjusted and posted by your professor. Assignments submitted on time will be graded on time! |

Evaluation/Grading Scale

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| Grades will be taken from online Moodle assignments – due each Sunday at Midnight. On a regular basis, students will complete quizzes over the topics and guest speaker’s information as well as complete article reviews, video reviews, forum posts, etc. A “Guest Speaker Review” will also be due each week that there is a presentation scheduled. In addition, a movie assignment will be required as well as the course Final Exam. Students should consult the TECA 1318 Spring 2025 course schedule for more detailed information. The following is a breakdown of how your overall course grade will be figured:  20% - Average of online quizzes  20% - Average of all other online assignments (forums, articles, video reviews, etc.)  20% - Guest Speaker Reviews  20% - Movie Assignment  20% - Final Exam |

Behavioral Expectations

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| * Students are expected to conduct themselves in a respectful manner at all times. Classroom “etiquette” and expectations will be explained by the professor. * Scholastic dishonesty, involving but not limited to cheating on a test, plagiarism, collusion, or falsification of records with result in the student receiving and “F”. This policy applies campus wide, including the TC Testing Center, as well as off-campus classroom or lab sites, including dual credit campuses. This information can be found in the Student Handbook at <https://texarkanacollege.edu> |

Attendance Policy

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| Student Handbook: <https://texarkanacollege.edu>  Attendance will be counted each Monday night – physically. Students MUST attend Monday night meetings and complete online assignments as well. Failure to do either may result in a student being dropped from this course. |

Disability Act Statement:

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| Texarkana College complies with all provisions of the Americans with Disabilities Act and makes reasonable accommodations upon request. Please contact Tonja Blase at 903.823.3349, or go by the office of Disability Services located in the Academic Commons (library) for personal assistance.  If you have an accommodation letter from their office indicating that you have a disability, which requires academic accommodations, please present it to me so we can discuss the accommodations that you might need for this class. *It is best to request these changes at the beginning if not before the start of class* so there is ample time to make the accommodations. |

Financial Aid:

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| ***Attention!*** Dropping this class may affect your funding in a negative way! You could owe money to the college and/or federal government. Please check with the Financial Aid office before making a decision. |

**Academic Dishonesty Policy: Academic Integrity Statement**

Scholastic dishonesty, involving but not limited to cheating on a test, plagiarism, collusion, or falsification of records will make the student liable for disciplinary action after being investigated by the Dean of Students. Proven violations of this nature will result in the student being dropped from the class with an “F.”

This policy applies campus wide, including the TC Testing Center, as well as off-campus classrooms or lab sites, including dual credit campuses. This information can be found in the Student Handbook at <https://texarkanacollege.edu>.

**Special Announcement:**

Any student who has difficulty affording groceries or accessing enough food to eat every day, or who lacks a safe and stable place to live and believes this may affect their performance in this course or ability to remain in school, is urged to contact Tonja Blasé, Director of Student Disability Services, at (903) 823-3349 for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to provide any resources that they may possess.

*TC does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Human Resources Director, 2500 N. Robison Rd., Texarkana, TX, 75599, (903) 823-3017,* [*human.resources@texarkanacollege.edu*](mailto:human.resources@texarkanacollege.edu)