

# **RNSG 1251**

# NURSING CARE OF THE CHILDBEARING FAMILY

# PREPARED BY HEALTH SCIENCES DIVISION FACULTY: ASSOCIATE DEGREE NURSING PROGRAM

## TEXARKANA COLLEGE TEXARKANA, TEXAS

TC does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs or activities. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Human Resources Director, 2500 N. Robison Rd., Texarkana, TX, 75599 (903) 823-3017

human.resources@texarkanacollege.edu

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## **Instructor Information**

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#### **Course Information**

**COURSE NAME:** Care of the Childbearing Family

**COURSE NUMBER: RNSG 1251** 

**CREDIT HOURS: 2** 

**TOTAL CLOCK HOURS: 32** 

Course Title: Care of the Childbearing Family

**Course Description:** Study of concepts related to the provision of nursing care for childbearing families. Content includes knowledge judgment, skills, and professional values within a legal/ethical framework.

**End-of-Course Outcomes:** Explain the roles of the professional nurse in caring for the childbearing family; utilize critical thinking skills and a systematic problem-solving process for providing care for the family during the perinatal periods.

Key Concepts and General Course Plan: This course is designed for transition nursing students and focuses upon biological, psychological, and sociological concepts as applicable to the childbearing family, newborn and adolescent. Emphasis is upon using the nursing process to promote health, prevent disease, provide nursing care when illness occurs, and assist the client in meeting developmental tasks. Concepts of critical thinking/decision-making, technical skills, cost-effective health care, cultural diversity, and standards of nursing practice are threaded throughout the course.

**Prerequisites:** BIOL 2301/2101 or 2302/2102; BIOL 2320/2120, PSYC 2301, PSYC 2314; AHA/BLS-HCP (Must be current throughout enrollment in the program).

Corequisites: RNSG 1327 2213 and RNSG 1160.

Co-requisite courses must be completed by the end of the Semester.

Failure to do so prohibits progression in the program.

Revised: August 2021

PSLO = I.E. Student Learning Outcomes (Program)

CO= Student Learning Outcomes (Course)

\*\* = Critical Thinking/Communication Skills

**DEC** = Differentiated Essential Competencies (A D N) 2021

DEC-M = Member of the Profession

DEC-P = Provider of Patient-Centered Care

DEC-S= Patient Safety Advocate

DEC-T=Member of the Health Care Team

SOP = Texas Board of Nursing (BON) Standards of Practice (2019)

**QSEN** - Quality & Safety Education for Nurses

QSEN-P = Patient-Centered Care

QSEN-T = Teamwork and Collaboration

QSEN-E = Evidence-Based Practice

QSEN-Q = Quality Improvement

QSEN-S = Safety

QSEN-I = Informatics

#### COURSE STUDENT LEARNING OUTCOMES

Upon completion of RNSG 1251, the student will be able to:

- 1. Discuss the legal and ethical parameters for professional nursing practice including Nursing Peer Review.
  - (PSLO-2,5,6; DEC-M-A, DEC-P-E, DEC-S-A, E, F; SOP-1A,1E,1J,1K; QSEN-P, Q)
- 2. Describe the evolving roles of the professional nurse in caring for the childbearing and childrearing family (PSLO-5,6; DEC-M-A, C; DEC-T-B; SOP-1F,1L,1P,1Q; QSEN-T)
- 3. Explain the six QSEN competencies and their role in improving the quality of culturally sensitive nursing care for childbearing and childbearing families (PSLO-1,2,3,4,5,6; DEC-P-B, C, F; SOP-1P,1Q,1T; QSEN-P, T, E, Q, S, I)
- 4. Compare professional communication techniques used in providing culturally sensitive patient/family-centered care for children and adults in a timely manner (PSLO-1,3; DEC-P-C, DEC-T-A, D; SOP-1D,1P; QSEN-E, I)
- 5. Utilize a systematic process to assess, analyze, plan, implement, and evaluate a culture of safety for sensitive patient/family-centered care for the childbearing and childrearing family (PSLO-1; DEC-P-C, D; SOP-1L,3A; QSEN-P, E, Q)
- 6. Identify health promotion needs such as self-care for diverse patients and community resources for referral (PSLO-2,6; DEC-P-C, E, G; DEC-T-C; SOP-1F,1Q; QSEN-P, T)
- 7. Discuss the use of a systematic process and critical thinking in the development of clinical judgment to provide a service of excellence (PSLO-1; DEC-P-C, E, F; SOP-1L,3A; QSEN-P, T, E, Q, S)
- 8. Describe nursing tasks for vulnerable patients/populations such as women and children with selected physiological and psychosocial-related health problems (SLO-1; DEC-P-B, D, E; SOP-1C,1L,3A; QSEN-P, E, S)

#### INSTITUTIONAL EFFECTIVENESS

The purpose of the Associate Degree Nursing Program at Texarkana College is to provide a curriculum that produces a graduate nurse who functions in the role of provider of patient-centered care, patient safety advocate, member of the healthcare team, and as a member of the profession. Attainment of the program objectives by the graduate nurse demonstrates effectiveness.

# TEXARKANA COLLEGE ASSOCIATE DEGREE NURSING PROGRAM PROGRAM STUDENT LEARNING OUTCOMES (PSLO) & General Education Core Competencies

The following program objectives are the outcomes, which shape the curriculum and are the criteria for measurement of its success. This reflects the Differentiated Essential Competencies of graduates of Texas nursing programs as a member of the profession, provider of patient-centered care, patient safety advocate and member of the healthcare team.

#### The graduate will:

- 1. Utilize clinical judgement skills in the application of the nursing process when providing and managing safe, quality patient-centered care.
- 2. Coordinate, collaborate and communicate with the interdisciplinary healthcare team to plan, deliver and evaluate care for diverse patients, families, and community populations.
- 3. Adhere to standards of practice within legal, ethical, and regulatory frameworks of the professional nurse.
- 4. Apply knowledge of delegation, management, and leadership skills.
- 5. Demonstrate skill in using patient care technologies and information systems that support safe nursing practice.
- 6. Promote safety and quality improvement as an advocate and manager of nursing care utilizing evidence-based practice.

\*Competent is defined as the ability to do; proficient is defined as the ability to do well; and mastery is defined as the ability to do brilliantly on every occasion.

#### **COMPUTER REQUIREMENT POLICY**

Students are required to have a computer with Internet access for classes. The computer must be an actual computer – smart phones, iPads, Androids, Chromebooks, etc., are not acceptable substitutes because they lack software compatibility necessary to complete all assignments and tests. Financial costs for the necessary equipment and internet access are the responsibility of the student.

Students needing to purchase a computer may do so through the Texarkana College Bookstore. Systems purchased through the bookstore meet or exceed all requirements, are competitively priced, and may be purchased using financial aid funds. If the system is purchased through another source, it is the student's responsibility to ensure the system meets all requirements.

#### Computer systems requirements:

- Webcam, microphone, and speakers or headphones
- Windows 10 or a recent version of Mac OS (minimum Sierra). Windows 10 S mode is not supported
- Hardware capable of running Microsoft Teams (free download) and supports multi-media playback
- Support for Chrome or Microsoft Edge Note: Firefox, Safari, or other browsers may not work on all TC applications
- Able to run Microsoft Office which will be provided free to TC students
- Adobe Reader or another PDF viewer
- Antivirus software such as Windows Defender or another 3<sup>rd</sup> party anti-virus solution
- The Respondus Lockdown browser is used for taking tests; therefore, the system must be capable of running this software. Most newer systems that meet other specifications should work.

Students should regularly backup content to prevent loss of coursework due to hardware failure. Backup copies of documents and other coursework may be placed on OneDrive cloud storage. OneDrive is included free of charge for all TC students.

#### **DISABILITY ACT STATEMENT**

Texarkana College complies with all provisions of the Americans with Disabilities Act and makes reasonable accommodations upon request. Please contact the Director of Advisement at 903.823.3283, or go by the Recruitment, Advisement, and Retention Department located in the Administration building for personal assistance.

If you have an accommodation letter from their office indicating that you have a disability which requires academic accommodations, please present it so we can discuss the accommodations that you might need for this class. *It is best to request these changes at the beginning if not before the start of class* so there is ample time to make the accommodations.

#### FINANCIAL AID

**Attention!** Dropping this class may affect your funding in a negative way! You could owe money to the college and/or federal government. Please check with the Financial Aid office before deciding.

#### PANTRY / BASIC NEEDS

Any student who has difficulty affording groceries or accessing enough food to eat every day, or who lacks a safe and stable place to live and believes this may affect their performance in this course or ability to remain in school, is urged to contact Tonja Blasé, Director of Student Retention, at 903.823.3349 for support. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to provide any resources that they may possess.

#### **SECURITY**

Please keep your vehicle locked whenever you are away from it. Make sure you don't leave any valuables in plain sight (purse, phone, laptop). We want you to be safe. You must acquire a TC parking permit and display it in your vehicle. You must always also have a TC student ID badge and keep it with you.

Campus police EMERGENCY line: (903) 798-3330

#### **COUSELING SERVICES**

Luretha Loudermill is a Licensed Professional Counselor, who provide counseling services in the areas of education, career and personal issues. Students can refer themselves, or they can be referred by faculty or staff members. If you are struggling with any aspects of your life, know Mrs. Loudermill is a free resource to help you.

tc.counselor@texarkanacollege.edu

Health Science Building, Office 135, (903) 823-3143

NATIONAL SUICIDE PREVENTION LIFELINE 988

#### **TESTING CENTER POLICIES**

The Testing Center is located in the Palmer Memorial Library/Academic Commons.

**To Take a Test:** Students must arrive on time and present a TC picture ID.

The student must know:

- 1. Course Name (RNSG and section number of your class, if applicable)
- 2. The Test or Exam Unit Number

#### **Testing Center Hours:** as posted

\* Please see the Texarkana College website for Testing Center hours and policies each semester.

No exams will be started within one hour of the posted closing time. Check with testing center for a schedule of any weekend openings each semester. The Testing center is not open on College Holidays.

**Additional Information:** Students are not allowed to have food or drinks in the classroom, lab, or Testing Center. The cost of damage to computer equipment can be significant due to a minor mishap. Students may not bring a cellular phone or pager to class or the Testing Center, without prior written approval from the Dean of Students. If you leave the Testing Center for any reason during an exam, the exam will be **over**. You will not be allowed to come back and complete the exam.

#### ACADEMIC DISHONESTY STATEMENT

Scholastic dishonesty, involving but not limited to cheating on a test, plagiarism, collusion, or falsification of records will make the student liable for disciplinary action after being investigated by the Dean of Students. Proven violations of this nature may result in the student being dropped from the class with an "F." This policy applies campus wide, including the TC Testing Center, as well as off-campus classroom or lab sites.

#### METHODS OF INSTRUCTION

- 1. Lecture/Discussion
- 2. Media resources
- 3. Assigned and supplemental readings
- 4. Demonstrate/Return demonstration
- 5. Conference individual and group
- 6. Objective testing
- 7. Self-evaluation
- 8. Reports and projects
- 9. Written assignments
- 10. Computer assignments

#### **REQUIRED TEXTBOOKS:**

Texarkana College RNSG 1412 Nursing Care of the Childbearing and Childrearing Families **ISBN: 9780443142055**. This bundle contains the following:

Perry (2023). Maternal & Child Nursing Care (7th ed). St. Louis: Elsevier.

Perry (2023) Maternal & Child Nursing Care: Study Guide (7th ed). St. Louis: Elsevier.

Nursing Drug Reference/Guide (most recent edition).

ATI Content Mastery Series Review Module-RN Maternal Newborn Nursing (current edition). Assessment Technologies Institute, LLC (E-version or hardcopy).

ATI Content Mastery Series Review Module-RN Nursing Care of Children (current edition). Assessment Technologies Institute, LLC (E-version or hardcopy).

#### **ONLINE SOURCES:**

Assessment Technologies Institute. ATI Testing & Login site.

Texas Board of Nursing website; for the Nursing Practice Act. www.bon.state.tx.us

#### **RECOMMENDED TEXTBOOKS:**

DeSevo, M. (2016). Maternal and newborn success: A Q&A review applying critical thinking to test taking (3rd Ed.). Philadelphia: F. A. Davis Company.

Whitworth, S. & McMullan, T. (2017). *Davis Essential Nursing Content + Practice Questions: Maternal-Newborn*. Philadelphia: F.A. Davis Company.

A recent version of an NCLEX-RN Review

#### **COURSE REQUIREMENTS**

- 1. Attendance for RNSG 1251 is essential. No more than (2) lecture classes may be missed. In the event of a third absence, the student is not allowed to continue in the course. Students who are up to 15 minutes late are tardy. Students more than 15 minutes late are counted absent. Three (3) tardies equal one (1) absence. Leaving class early counts as a tardy or absence according to the time missed. It is the responsibility of each student to contact the course leader regarding class absence. All work must be made up. Refer to the Health Science Division Student Handbook and the Texarkana College Student Handbook. If a student is absent from class and a quiz is given, the student will not be allowed to make the quiz up. It is the responsibility of the student to keep track of their tardies and absences.
- 2. Computer Assignments: Computer assignments are required in order to successfully complete the course requirements for RNSG 1251. The Computer Labs are available to students and are in Room 252 and Room 230 of the Health Science Building. Reservations for computer time may be done up to one week in advance. Students may sign up for a maximum of one hour at a time. If time allows and no further bookings for that computer are scheduled, extra time may be granted after checking with the lab coordinator. If you are more than 10 minutes late, you forfeit your appointed time. Documentation of computer lab use should be registered in the sign-in book provided for this purpose.
- 3. Standards of conduct as described in the current Health Science Division Student Handbook and Texarkana College Student Handbook shall be followed. Disciplinary action is described in the Handbooks. Students are responsible for reading and being familiar with these standards.
- 4. Approved HCDs (handheld computing devices) may be used for classroom exercises, lab activities and in the clinical areas **as directed by faculty.** Tablets (such as iPad), iTouch, and Laptop computers may be used in the classroom. All other devices (Smart Phone, Smart Watch, Bluetooth Bracelet, Digital Organizer, Personal Digital Assistant, Wireless E-mail Device, etc.) should be turned off in classroom areas.
- 5. All Transition Associate Degree Nursing Students will take an ATI mid-curricular standardized exam at the end of the spring semester. The benchmark score and remediation requirements are explained in RNSG 1327 syllabus.
- 6. Students may use the copying machines in the college library, or the Papercut printer located on the second floor next to the student lounge.
- 7. Texarkana College is a smoke-free campus. No smoking or use of electronic cigarettes is allowed anywhere on campus. Food and drinks are not allowed in the classrooms, computer lab, or skills lab.
- 8. It is the policy of Texarkana College not to discriminate on the basis of sex, disability, race, color, age, or national origin in its educational programs. Students who may qualify for alternative learning environments should discuss these needs with the appropriate instructor.
- 9. It is an expectation that students treat faculty, staff, and fellow students with respect on campus and in the clinical setting. Incivility will not be tolerated in the Health Sciences Programs.

#### **METHODS OF EVALUATION**

- 1. Students must display Satisfactory performance in classroom (minimum of 75 or "C" required) to complete RNSG 1251. In order to progress, RNSG1251, RNSG 1160 and RNSG 2213 must be passed concurrently. If unsuccessful in any of these courses, a student is not eligible for re-admission into the Transition Program.
- 2. Testing: Examinations, in which unit objectives are tested, are given at the end of each unit or as determined by the instructor. A minimum of 60% of all the questions in RNSG 1251 will be at the application level. The examinations will be multiple choice and they will be timed. The time allotted throughout the Associate Degree Nursing Program is usually 1.5 minutes per question. Examinations will include material from required readings, class lectures, discussions, and information given in films or other media in any setting in which all students have been directed to be responsible.

Exams for the course will be taken via computer with MOODLE using Respondus Lockdown Browser. Exams are forward progression only. You will not have the opportunity to change answers and/or answer questions that were skipped over once you progress to the next exam question. Questions that are skipped over will receive no credit."

Discussion or disclosing the exams to others constitutes a **BREACH OF ETHICS**. Refrain from discussing the contents of exams with <u>anyone</u> other than the faculty.

Students must have a passing exam average (unit exams and final) of 75 or greater in order to successfully complete the course. Once this is accomplished the other grade categories will be averaged into the overall course grade. The overall course grade must also be greater than 75% in order to pass the course and continue in the program. Exam scores will be recorded as the score earned and will not be rounded.

Students who do not achieve a **passing grade of 75% on each unit exam will be required to complete remediation in ATI by the assigned date.** A score of at least 80% must be attained on all remediation. A student may not be allowed to take the final exam if remediation is not completed by the due date. Remediation is intended to strengthen the student's understanding of the unit content in preparation for the course final exam.

If a student is **absent** on the day of a unit exam, a make-up exam will be given. The student has 5 business days (not counting weekends) to complete the exam. The student is responsible for contacting the course instructor(s) to schedule a test time. Make-up exams will be taken in the Testing Center using Moodle. The exam will consist of 25 questions and students will be given 37.5 minutes to take the exam. Failure to take the make-up the exam in the allotted 5 days will result in a grade of zero.

Homework is due at the beginning of class or at the time designated by the instructor. **NO late work will be accepted.** 

**3. Final Grade Computation:** Once the student has demonstrated a passing exam average, the final grade in RNSG 1251 will be calculated using ATI standardized assessments, homework/quizzes, unit exams and a final exam. Each item will be the following percentage of the overall grade: Exam Average is calculated as:

Health Science Division Grade Ranges:	Students must have a passing exam average (unit exams and final) of 75 or greater in order to successfully complete the course.		
100-90 = A	Exam Average is calculated as:		
89.9-81 = B 80.9-75 = C 74.9-65 = D Below 65 = F	<ul> <li>75% = Unit Exams</li> <li>25% = Final</li> </ul>		
	Once the passing exam average has been attained, the overall course grade computation is:  • 80% = Exam Average		
	<ul> <li>10% = ATI Practice &amp; Proctored Assessments with remediation</li> <li>10% = Homework</li> </ul>		
	Exam Scores are recorded as the score earned and will <b>not</b> be rounded. Example: 74.99 will be recorded as 74.99 and will be a "D." There will be NO rounding of exam averages, course averages, or other course work in the Health Sciences ADN Program.		

#### **ATI Content Mastery Policy for Standardized Exams**

ATI Content Mastery consists of practice and proctored assessments with remediation that total 10% of the course grade. The grading rubric for the ATI Assessment portion of the course is as follows:

STEP 1: Practice Assessment with Required Remediation	Points Earned
<ul> <li>A. Complete Practice Assessment</li> <li>A student will earn a total of 2 points upon completion of the Practice Assessment(s) by the assigned deadline.</li> <li>A student who does not complete the Practice Assessment(s) by the assigned deadline will receive 0 points.</li> </ul>	points (2 pts possible)
<ul> <li>B. Complete Remediation</li> <li>Students will earn a total of 2 points upon completion of remediation by the assigned deadline.</li> <li>For each topic missed, students must identify 3 critical points to remember about the topics.</li> <li>Students who do not identify 3 critical points to remember for each topic missed will not receive credit for completing remediation and will receive 0 points for the assignment.</li> </ul>	points (2 pts possible)

STEP 2: Proctored Asso	essments				Points Earned
A. Complete Proctored Assessment at Assigned Time					
• Use the table below to calculate points earned and identify remediation requirements.					
• Students will earn 1 to 4 points based upon the score they earn on the Proctored					
Assessment					
Proficiency:	Level 3	Level 2	Level 1	Below Level 1	
•					points
Points Earned:	4 points	3 points	2 points	1 point	(4 pts possible)
B. Complete Remediation					
• Students will earn a total of <b>2 points</b> upon completion of remediation by the assigned					
deadline regardless of which level they scored on the Proctored Assessment.					
• For each topic missed, students must identify <u>3 critical points to remember</u> about the					
topics.					points (2 pts
• Students who do not identify <u>3 critical points to remember</u> for each topic missed will					
not receive credit for completing remediation and will receive <b>0 points</b> for the					possible)
assignment.					
Points Possible = $2 + 2 + 4 + 2 = 10$					
					Total Points

#### ATI RESOURCES FOR STUDENT SUCCESS

Throughout the course the student will be responsible to completing ATI assessments and modules as assigned by your instructor. These modules may be part of your homework and quiz grade.

#### What is ATI?

Assessment Technologies Institute® (ATI) offers an assessment driven review program designed to enhance student NCLEX-RN success.

The comprehensive program offers multiple assessment and remediation activities. These include assessment indicator for academic success, critical thinking, and learning styles, online tutorials, online practice testing, and proctored testing over the major content areas in nursing. These ATI tools, in combination with the nursing program content, assist students to prepare more efficiently, as well as increase confidence and familiarity with nursing content. Data from student testing and remediation can be used for program's quality improvement and outcome evaluation.

ATI information and orientation resources can be accessed from your student home page. It is highly recommended that you spend time navigating through these orientation materials.

#### Some of the assessment and remediation tools used in ATI are:

**Modular Study:** ATI provides online review modules that include written and video materials in all content areas. Students are encouraged to use these modules to supplement course work and instructors may assign these during the course and/or as part of active learning/remediation following assessments.

**Tutorials:** ATI offers unique Tutorials that teach nursing students how to think like a nurse; how to take a nursing assessment and how to make sound clinical decisions. **Nurse Logic** is an excellent way to learn the basics of how nurses think and make decisions. **Learning System** offers practice tests in specific nursing content areas that allow students to apply the valuable learning tools from Nurse Logic. Features are embedded in the Tutorials that help students gain an understanding of the content, such as a Hint Button, a Talking Glossary, and a Critical Thinking Guide.

**Assessments:** Standardized Assessments will help the student to identify what they know as well as areas requiring active learning/remediation. There are practice assessments available to the student and standardized proctored assessments that may be scheduled during courses.

Active Learning/Remediation: Active Learning/Remediation is a process of reviewing content in an area that was not learned or not fully understood as demonstrated on an assessment. It is intended to help the student review important information to be successful in courses and on the NCLEX. The student's individual performance profile will contain a listing of the topics to review. The student can remediate, using the Focused Review which contains links to ATI books, media clips and active learning templates.

The instructor has online access to detailed information about the timing and duration of time spent in the assessment, focused reviews and tutorials. Students can provide documentation that required ATI work was completed using the "My Transcript" feature under "My Results" of the ATI Student Home Page or by submitting written Remediation Templates as required.

#### ATI REMEDIATION INSTRUCTIONS

You must remediate on <u>EACH</u> topic listed in the "Topics to Review" section of the ATI Individual Performance Profile (if you have 15 topics in the report, you will have 15 topics to remediate). Remember that the remediation topic is what is required, not the NCLEX test category. Number the topics and correspond the numbers to the remediation.

**REMEDIATION IS TO BE HANDWRITTEN** 

## **Topics To Review**

# Management of Care (11 items) Information Technology (1 item) Airway Management: Tracheostomy Suctioning (Active Learning Template - Nursing Skill, RM FUND 9.0 Ch 53) Safety and Infection Control (11 items) Accident/Error/Injury Prevention (5 items)

- 2 Client Safety: Priority Action Following a Fall (RN QSEN Patient-centered Care, Active Learning Template Basic Concept, RM FUND 9.0 Ch 12)
- Medical and Surgical Asepsis: <u>Precautions When Caring for a Client Who Has a Latex Allergy (RN QSEN Safety , Active Learning Template System Disorder, RM FUND 9.0 Ch 10)</u>

\*\*On this particular topic, you would need to remediate on Tracheostomy Suctioning NOT Airway Management!

- 1. Airway Management: Tracheostomy Suctioning
  - a. Use a suction catheter that does not exceed one-half of the internal diameter of the endotracheal tube to prevent hypoxia.
  - b. Remove the bag or ventilator from the tracheostomy and insert the catheter into the lumen of the airway, advance the catheter until resistance is met. Pull the catheter back 1cm before applying suction to prevent mucosal damage.
  - c. Apply suction intermittently by covering and releasing the suction port with the thumb for 10-15 seconds.
- 2. Patient Safety: Priority Action Following a Fall
  - a. When a patient falls, the nurses' first duty is to the patient: assess for injuries, get the patient back to bed safely, notify MD and Rapid Response Team.
  - b. Follow policies and procedures for responding to falls and other dangerous situations.
  - c. Report and document the incident. This provides valuable information that can help prevent similar incidents.

#### UNIT 1: ASSESSMENT AND MANAGEMENT IN THE ANTEPARTUM PERIOD

#### **OBJECTIVES**

After the completion of this unit, the student will be able to:

- 1. Describe the scope, competencies/standards, and legal/ethics issues in maternity and neonatal nursing. (CO 1, 2, 3, 4, 5, 6, 7, 8)
- 2. Discuss health promotion, evidence-based practice, and psychosocial factors that influence family adaptation to pregnancy and infertility. (CO 2, 5, 7, 8)
- 3. Describe various methods of contraception and risk factors associated with each. (CO 1, 2, 4, 5, 6, 7, 8)
- 4. Describe the growth and development of a fetus by gestational age in weeks. (CO 2, 5, 8)
- 5. Describe nursing care to help ensure a safe fetal environment, safe pregnancy outcome, and management of high-risk conditions. (CO 1, 2, 3, 4, 5, 6, 7, 8)
- 6. Discuss the areas of health assessment commonly included in prenatal visits and common health practices included in the care of the family during pregnancy. (CO 2, 3, 5, 6, 7, 8)
- 7. Discuss nutritional needs of the antepartum client. (CO 5, 6, 8)

#### THEORETICAL CONTENT

#### Textbook:

Perry (2023). Maternal & Child Nursing Care (7th ed). St. Louis: Elsevier.

- Ch. 1: 21st Century Maternity Nursing (page 1, 11-13)
- <u>Ch. 3:</u> Assessment and Health Promotion (page 35-41)
- Ch. 5: Infertility, Contraception (page 104, 114-129)
- <u>Ch. 6:</u> Conception, and Fetal Development (page 145-158)
- Ch. 7: Anatomy and Physiology of Pregnancy
- **<u>Ch. 8:</u>** Nursing Care of the Family During Pregnancy
- Ch. 9: Maternal and Fetal Nutrition
- Ch.10: Assessment of the High-Risk Pregnancy (page 224-228,231,235,237)
- **Ch. 12:** Early Pregnancy Complications (page 292-303)

#### **LEARNING ACTIVITIES**

- 1. ATI Real Life
  - a. Maternal Newborn 4.0: Teaching Prenatal & Newborn Care
- 2. Lecture/Discussion

#### **EVALUATION: UNIT 1 EXAM**

<sup>\*</sup>Additional pages may be referenced, as well as additional resources\*

#### UNIT 2: ASSESSMENT AND MANAGEMENT IN THE INTRAPARTUM PERIOD INCLUDING THE HIGH-RISK OBSTETRICAL CLIENT

#### **OBJECTIVES**

After the completion of this unit, the student will be able to:

- 1. Identify the 5 P's of labor: power, passage, passenger, psyche, and position. (CO 5)
- 2. Describe the four stages of labor and the related nursing and medical care. (CO 2,4,5,6,7,8)
- 3. Discuss clinical reasoning and application of evidence-based intervention in caring for the family in the intrapartum period. (CO 3, 5, 7).
- 4. Discuss the management of pain and discomfort during labor and delivery. (CO 3,5)
- 5. Discuss the nursing care for the client undergoing fetal monitoring and the appropriate responses to FHR patterns. (CO 2,3,5,7)
- 6. Demonstrate understanding of physiology and management related to preexisting medical and gestational complications of pregnancy. (CO 3, 5, 6, 8)
- 7. Identify and manage high-risk pregnancy, labor, and delivery to promote healthy outcomes for the mother and infant. (CO 2,3,5,6,7,8)
- 8. Describe the key obstetrical emergencies and the related medical and nursing care. (CO 2, 3,5,7,8)
- 9. Describe the pre-intra-postoperative nursing care and management for cesarean births. (CO 2.3.5.7.8)
- 10. Describe the assessment and care for the newly delivered mother and baby. (CO 3, 5, 6, 7, 8)

#### THEORETICAL CONTENT

#### **Textbook:**

Perry (2023). Maternal & Child Nursing Care (7th ed). St. Louis: Elsevier.

- Ch. 11: High-Risk Perinatal Care: Preexisting Conditions (page 242-256 DM/GDM)
- Ch. 12: High-Risk Perinatal Care: Gestational Conditions (page 279-291; 303-307)
- Ch. 13: Labor and Birth Process
- Ch. 14: Maximizing Comfort for the Laboring Woman
- Ch. 15: Fetal Assessment During Labor
- Ch. 16: Nursing Care of the Family During Labor and Birth
- Ch. 17: Labor and Birth Complications

#### **LEARNING ACTIVITIES**

- 1. ATI Real Life (s)
  - a. Maternal Newborn 4.0 (Preterm Labor, Preeclampsia, Gestational Diabetes)
- 2. Lecture/Discussion

#### **EVALUATION: UNIT 2 EXAM**

<sup>\*</sup>Additional pages may be referenced, as well as additional resources\*

#### UNIT 3: ASSESSMENT AND MANAGEMENT IN THE POSTPARTAL AND NEONATAL PERIOD

#### **OBJECTIVES**

After the completion of this unit, the student will be able to:

- 1. Discuss nursing care and physiological changes for the postpartum client. (CO 5)
- 2. Identify factors that affect family dynamics during the postpartum period. (CO 2,5,8)
- 3. Explain risk factors, clinical signs, and therapeutic management of postpartum complications. (CO 5,8)
- 4. Describe the primary postpartum psychological complications, the related nursing actions, and medical care. (CO 8)
- 5. Identify the changes that occur during the transition from intrauterine to extrauterine life and the related nursing actions. (CO 2,3,5)
- 6. Describe care of the neonate to promote safety and optimal outcomes. (CO 5,7)
- 7. Incorporate principles of teaching and learning when providing newborn care information to parents. (CO 2,4,6)
- 8. Discuss the various methods of infant feeding and associated complications. (CO 3,6)
- 9. Identify critical elements of assessment and nursing care of the high-risk neonate. (CO 2,3,6,7,8)

#### THEORETICAL CONTENT

#### **Textbook:**

Perry (2023). Maternal & Child Nursing Care (7th ed). St. Louis: Elsevier.

- **Ch. 18**: Postpartum Physiological Changes
- Ch. 19: Nursing Care of the Family During the Postpartum Period
- Ch. 20: Transition to Parenthood
- Ch. 21: Postpartum Complications
- Ch. 22- Physiologic and Behavioral Adaptations of the Newborn
- **Ch. 23-** Nursing Care of the Newborn and Family
- Ch. 24- Newborn Nutrition and Feeding
- Ch. 25- The High-Risk Newborn

#### **LEARNING ACTIVITIES**

- 1. ATI Real Life:
  - a. Maternal Newborn 4.0 (Postpartum Hemorrhage)
- 2. ATI Skills Modules 3.0:
  - a. Maternal Newborn (Step-by-Step Viewing)- Pre/Post Test
- 3. Lecture/Discussion

#### **EVALUATION: UNIT 3 EXAM**

<sup>\*</sup>Additional pages may be referenced, as well as additional resources\*

# UNIT 4: PEDIATRIC NURSING: ASSESSMENT AND MANAGEMENT OF CHILDREN WITH COMMON HEALTH PROBLEMS

#### **OBJECTIVES**

After the completion of this unit, the student will be able to:

- 1. Describe the pathophysiology, clinical manifestations, and therapeutic management in the care of children with common health alterations. (CO 1, 5)
- 2. Discuss role and responsibilities of the RN in caring for children with selected health alterations, and congenital heart diseases (CO 3, 4, 8)
- 3. Develop patient centered teaching for pediatric patients taking into consideration societal/cultural differences. (CO 1, 4)

#### THEORETICAL CONTENT

#### **Textbook:**

Perry (2023). Maternal & Child Nursing Care (7th ed). St. Louis: Elsevier

<u>Ch. 37:</u> Impact of Cognitive or Sensory Impairment of the Child and Family (page 1015-1018 Autism)

<u>Ch. 40:</u> The Child with Respiratory Dysfunction

**Ch. 42:** The Child with Cardiovascular Dysfunction (page 1222-1233, 1247-1249, 1258-1260)

**Ch. 47:** The Child with Endocrine Dysfunction (1435-1449 DM)

#### **LEARNING ACTIVITIES**

- 1. ATI Real Life
  - a. Nursing Care of Children 4.0 (Type 1 Diabetes Mellitus)
- 2. Lecture/Discussion

#### **EVALUATION: UNIT 4 EXAM**

<sup>\*</sup>Additional pages may be referenced, as well as additional resources\*

# Texarkana College Associate Degree Nursing Program Student Course Requirement and Program Compliance Agreement

I have read the current course syllabus and understand the course requirements and policies. I agree to comply with the clinical and classroom policies to meet the requirements for course completion.

I have read the Texarkana College Health Science Division Handbook and understand the policies and procedures stated therein. I agree to comply with all of these policies and procedures in order to meet the requirements for course completion.

I understand and am capable of utilizing the procedures for Standard Precautions that have been discussed earlier in the program.

I have read the Texarkana College Student Handbook, and understand the policies described therein. I agree to apply with these policies.

I furthermore agree to comply with the above policies for as long as I am a student in the Health Science Division's Associate Degree Nursing Program.

ATTENTION!! Dropping this class may affect your funding in a negative way. You could owe money to the college and/or the federal government. Please check with the Financial Aids Office before you make a decision. Furthermore, if you drop this class, you will also be required to drop the co-requisites RNSG 1327, and 1160.

Course: RNSG 1251	
Name (printed)	
Signature (must be legible) _	
Date	