

# Tara Lamm

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## Education

### UNIVERSITY OF CENTRAL ARKANSAS | CONWAY, AR.

- Graduation December 2018 – Master of Nursing Science, Family Nurse Practitioner

### HENDERSON STATE UNIVERSITY | ARKADDELPHIA, AR.

- Graduation May 2014 – Bachelor of Science in Nursing

## Licenses

### ADVANCED PRACTICE NURSE PRACTITIONER | APRN

- Texas Advanced Practice Nurse Practitioner – #AP141804

### REGISTERED NURSE | RN

- Texas Registered Nurse – Active RN# 948351

## Work Experience

### ASSISTANT PROFESSOR | TEXARKANA COLLEGE – ADN PROGRAM | AUGUST 2020 – CURRENT

- Assist with planning and teaching curriculum for fundamentals of medical-surgical nursing to future associate degree prepared nurses
- Facilitate clinical experiences at local hospitals to aide students in critical thinking and patient care
- Evaluate and grade student performance in clinical practice and theory assignments and tests

### APRN | MIDSOUTH TRANSITIONS MEDICAL GROUP | AUGUST 2019 – SEPTEMBER 2020

- Providing a multi-disciplinary and highly specialized transitional medical care via medical house calls and telemedicine visits to patients across the life span with chronic health issues
- Providing comprehensive assessments, continuing previous implemented treatment plans, adjusting treatment plans as needed for chronic disease management, prescribing medical treatment with continued monitoring and management of acute and chronic health issues

### RN | HOSPICE OF TEXARKANA – INPATIENT UNIT | MARCH 2018 – SEPTEMBER 2019

- Providing competent and safe end-of-life nursing care to hospice patients in a 12-bed acute care inpatient unit
- Providing education and emotional support to patient and family including palliative care measures, medication management, death and the dying process
- Collaborating with physicians, nurse practitioners, chaplains, and family members regarding patient's status and treatment plan

### RN III | UAMS SURGICAL SPECIALTIES F9 | JUNE 2014 – MARCH 2018

- Provided competent and safe nursing care for Orthopedic, ENT, and Plastic patients on a 30-bed medical-surgical unit with a variety of surgical needs
- Managed artificial airways, including tracheostomies and laryngectomies, by providing suctioning, proper cleaning, humidification of oxygen, and thorough patient/family education
- Precepted new hires, acclimating the new hire to the unit and staff, reviewing their charting, and assuring that the orientee established a nursing routine that was safe and competent

- Attained leadership as a Charge Nurse, serving as a resource to staff nurses and patient care techs, evaluating and assigning patient admissions, while also managing and mediating patient and family issues

#### **CLINICAL INSTRUCTOR | UAMS COLLEGE OF NURSING | FALL 2015 & 2016**

- Assisted Junior level nursing students in gaining confidence in their nursing skills through participation in hands on learning experiences in multiple clinical areas, as well as aided students in critically thinking about patient outcomes as they performed patient care
- Graded clinical paperwork, including head to toe assessments, nurse's notes, and care plans through Blackboard program

### **Certifications**

#### **AMERICAN NURSES CREDENTIALING CENTER | ANCC**

- December 14, 2018 – Present

#### **NATIONALLY CERTIFIED MEDICAL-SURGICAL REGISTERED NURSE | CMSRN**

- June 2017 – June 2022

#### **BASIC LIFE SUPPORT FOR HEALTHCARE PROVIDER | AMERICAN HEART ASSOCIATION**

- February 2022 – February 2024

### **Skills & Activities**

#### **LEADERSHIP/RESEARCH**

- Infection Control Resource Nurse for F9 through July 2014 to September 2016. Responsible for the evaluation of infection control issues and how to address the issues in order to improve patient outcomes and attain the hospital goal CAUTI rate of 1.05 per 1,000 catheter days. Thorough staff education and diligent follow-up and monitoring of CAUTIs was implemented, the executed plan resulted in reducing the F9 CAUTI rates from 3.55 per 1,000 catheter days to zero.
- Presented results in the format of a poster titled "Naughty CAUTI," at Research Day at UAMS on April 22, 2016 and at the 24th National Evidence Based Practice Conference on April 27 – 28, 2017. The poster depicted interventions and outcomes that resulted from this project.