



LINDSEY WEST, MSN, RN, FNP-C

To whom it may concern:

I am presenting my resume and curriculum vitae for your review. Please consider this letter as my formal representation of my background, education, and experience. I have been a Registered Nurse for ten years with experience in multiple fields and settings in the healthcare industry. I attended the University of Texas in Tyler while pursuing my Master of Science in Nursing as a Family Nurse Practitioner. I've completed over 700 clinical hours in Pediatrics, Women's Health, Adult, and Geriatric care. I feel this has prepared me for continued growth and learning as a Nurse Practitioner as well as a Nurse Educator.

Sincerely,

Lindsey West, MSN, RN, FNP-C

Lindsey M. West, MSN, RN FNP-C



LINDSEY WEST, MSN, RN, FNP-C

lindsey.west@texarkanacollege.edu ♦ 106 S. Maple Street New Boston, TX 75570 ♦ 903-823-3304

EDUCATION

Master of Science, Family Nurse Practitioner Program achieved at The University of Texas at Tyler, May 2017

Bachelor of Science in Nursing achieved at The University of Texas at Tyler, December 2012

Associate Degree Nursing, Texarkana College May 2011

Magna Cum Laude, Texas High School May 2007

Registered Nurse-License Number: Texas 804868 Issued June 5, 2011

Advanced Practice Registered Nurse License: Texas AP134955 Issued August 23, 2017

American Academy of Nurse Practitioners Certification No.: F08170059

Granted from August 1, 2017 through July 31, 2022

EXPERIENCE

Texarkana College September 2017-Present

Dean Courtney Shoalmire MSN, RN 903-823-3142

Currently I am employed as an Associate Professor specializing in the Transition Program as well as the Associate Degree Program. Theory taught includes intermediate and advanced Medical Surgical Concepts. Clinical responsibilities include coordinating clinical placement at local healthcare facilities and ensuring students are meeting outlined clinical objectives in various medical-surgical and telemetry units.

Family Medical Group October 2017-October 2019


As a Nurse Practitioner for Family Medical Group, I was responsible for working the after-hours and weekend clinic at the 7th street location. My responsibilities include performing age-appropriate history and physical assessment for the acutely ill patient. Order and interpret diagnostic and therapeutic tests relative to patient's needs. Prescribes appropriate pharmacological and non-pharmacological treatment modalities. Collaborate with multidisciplinary team members by making appropriate referrals. Facilitate staff, patient and family decision making by providing educational tools.

Hospice of Texarkana-Inpatient Unit May 2016-August 2017

The Inpatient Unit (IPU) is 12 bed facility specializing in providing crisis care to patients on hospice services. Patients that arrive to the IPU can be new to hospice or previously on services at home or a nursing facility. The patients are experiencing symptoms such as pain, dyspnea, nausea/vomiting, restlessness, anxiety, or agitation that is unable to management without intravenous or subcutaneous medication administration. As a Registered Nurse duties include frequent monitoring and medication adjustments until optimal comfort is achieved. Overall, the plan is to wean the patient to appropriate doses of oral medications that can be administered in their home setting. Patients and families in this setting require ongoing education regarding medications, symptoms of disease progression, and emotional support during this time of crisis.

Heritage Hospice January 2016-May 2016

Case Manager duties included working with a case load of 15-20 patients. Management of care included scheduling visits, medication adjustments for symptom control, wound care, supervision of LVN and CNA visits, providing ongoing education regarding the patient's hospice diagnosis and disease progression, as well as catering to emotional and spiritual needs to patients and families during their transition to death/dying process. Responsibilities of care included relaying pertinent assessment findings to the physician or nurse practitioner during biweekly interdisciplinary team meetings and ensuring the patient received competent and compassionate end of life care.



Serenity Hospice December 2013-December 2015

As a Field Nurse and New Hire Trainer for Serenity Hospice palliative care was provided in the home, hospital, and nursing home setting for patients with terminal illness. Duties include management of symptoms related to disease progression, wound care, and medication education. Time spent with patients and families include providing emotional and educational support to as they encounter end-of-life issues: as well as coordinating needs with the hospice medical director, primary care physician, chaplain, social worker, and other member of the interdisciplinary team to provide a holistic approach to patient care.

Christus St. Michael Health System, Registered Nurse November 2013-November 2014

As a PRN Registered Nurse in the Nursing Resources department on an as needed basis and provided care as detailed below to a variety of patients in the hospital setting.

Christus St. Michael Health System, Registered Nurse June 2012-November 2013

Duties while employed for 5S/Surgical Floor included responsibility for the care of patients pre- and post-operatively. Care including monitoring for up to 12 patients for vital sign changes and postoperative infection. Skills were refined in maintaining and caring for multiple incision sites with proper dressing change technique and care of incisional drainage tubes as well as providing newly placed ostomy care and education. A collaborative team approach with physicians, wound care, and physical therapy to ensure the patient returns to an optimal level of healing and post-surgical recovery.

Christus St. Michael Health System, Registered Nurse June 2011 to June 2012

As a Registered Nurse in the Nursing Resources department with specific training in critical care departments (ie. Telemetry, ER) as well as Medical-Surgical Units

In the Emergency Room (ER) initial patient care, critical thinking skills, and various assessment techniques were utilized. In collaboration with ER physicians I treated and maintained the care of various patients until discharge or admission to the hospital. I advanced my skills in IV insertion, Mediport access, catheter insertion, and medication administration.

As a nurse on Telemetry/Medical-Surgical Units care was provided for 4-12 patients. Proper nursing assessment and use of critical thinking skills for abnormal findings. Provider orders were carried out; implemented use of evidence based nursing knowledge to provide safe and adequate interventions. Notified physicians of significant patient changes and responded with appropriate nursing actions. Properly interpret patients' cardiac rhythms on Telemetry Units and monitored for critical changes.

Christus St. Michael Health System, Extern/ER Tech May 2010 to June 2011

May 2010-October 2010 Worked as a Nursing Resource Extern working on many different floors at the hospital from PCU to Medical-Surgical Floors. My role was assisting Registered Nurses and Licensed

Vocational/Practical Nurses with obtaining vital signs and glucose monitoring. Expanding my skills in blood draws, specimen collection, and patient hygiene care.

October 2010-June 2011 Transferred to the ER and assumed a role as an ER Tech. During this time knowledge in the healthcare setting was expanded: including assessing vital signs on various age groups (newborn to geriatric), blood draws, and glucose monitoring. Working in the Emergency Room BCLS skills were utilized by performing chest compressions during cardiac arrest. Other duties including assisting the Registered Nurse with triage, IV insertion on pediatric patients, and specimen collection.



SKILLS

- ♦ Perform various service and routine duties necessary to provide for the comfort, care and safety of patients.
- ♦ Apply advanced nursing process to patients of all ages.
- ♦ Monitor and respond to patient status changes
- ♦ Provide care to from newborn to adolescent, adult, and geriatric patients.
- ♦ Complete advanced health assessment techniques. Comfortable with varied shifts and hours
 - ♦ Interpersonal skills to interact effectively with patients, visitors, and facility personnel.
- ♦ Utilization of Evidence Based Practice.
- ♦ Reliable worker with the ability to quickly learn new concepts and skills.
- ♦ Proficient in use of the Electronic Medical Record (EMR)
- ♦ BCLS Certified: Expires February 2019

ACHIEVEMENTS

- ♦ Graduate Capstone Research Project Completed November 2016. PICOT- In terminally ill patients with a prognosis of 6 months or less what affect does providing individualized patient education on end-of-life and hospice care have on the enrollment of the patient to hospice care and to their utilization of hospice services after receiving the individualized patient education during their hospitalization?
 - † The project had a purpose to provide education regarding hospice services. The data reviewed during the EBP process and systematic review of the literature also support the lack of hospice education and the effects from this. The findings from this educational EBP project were disseminated to key stakeholders at the project facility-Ellington Memorial Clinic and at their direction to the project staff, as well as classmates and faculty in Capstone II. Although the testing pool was small there was an overall improvement in scores following the hospice education presentation providing a positive correlation that providing education to healthcare providers regarding hospice can improve the understanding of services provided giving them the power to provide their patients with a timely referral to hospice.
- ♦ Recipient of the Graduate Fellowship Scholarship Spring 2015-Spring 2017
- ♦ Member of The American Association of Nurse Practitioners, May 2017-Present
- ♦ Student Member of The American Association of Nurse Practitioners, April 2016-May 2017
- ♦ Member of The Texas Nurse Association September 2017-Present
- ♦ Student Nurse Association, Texarkana College, 2009-2011
- ♦ Student Nurse Association Treasurer, 2010-2011
- ♦ Formed team Super Komen and Participated in the Susan G. Komen Race for the Cure, 2010-2016

VOLUNTEER WORK

- ♦ Administered influenza vaccines for Miller County Health Unit Fall 2009, Fall 2013, Fall 2014, Fall 2016, Fall 2017
- ♦ Administered Intranasal/IM influenza vaccines for local elementary/middle schools Spring 2010



LINDSEY WEST, MSN, RN, FNP-C

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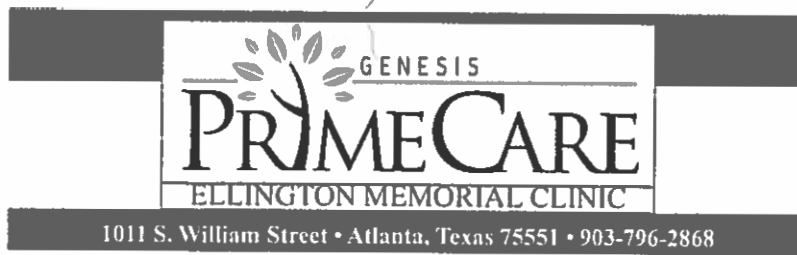
REFERENCES

Sheila West, FNP-C Preceptor, Healthcare Express Cell: (903) 748-6211

Kristen Coats, FNP-BC, Preceptor, Genesis PrimeCare
Cell: (903) 796-2868 E-Mail: kristen.coats@genesisprimecare.org

Sunnie Hooten, CPNP, NP-C, Preceptor, Genesis PrimeCare
Work: (903) 796-2868 E-Mail: sunnie.hooten@genesisprimecare.org

Mindy James, RN, Colleague
Cell: 1 (318) 415-9059



To whom it may concern,

It's my absolute pleasure to recommend Lindsey McFaul as a provider for your organization. Mrs. McFaul did more than one clinical rotation with me while pursuing her MSN degree. I thoroughly enjoyed my time working with Lindsey, and came to know her as a truly valuable asset to absolutely any team. She is honest, dependable, and incredibly hard-working. Beyond that, she is an advocate for her patients and has their best interest at heart.

Her knowledge of primary care and expertise in patient education was a huge advantage to our entire office. She put this skill set to work to excel both academically and clinically. Along with her undeniable talent, she has always been an absolute joy to work with. She is a true team player, and always manages to foster positive discussions and bring the best out of other employees.

Without a doubt, I confidently recommend Mrs. McFaul to join your team. As a dedicated and knowledgeable employee and an all-around great person, I know that she will be a beneficial addition to your organization.

Please feel free to contact me should you like to discuss Lindsey's qualifications and experience further. I'd be happy to expand on my recommendation.

Sincerely,

Kristen Coats, RN, FNP-BC

Mrs. Kristen Coats, RN, FNP-BC



To Whom It May Concern:

Please consider the following as a recommendation letter for Lindsey McFaul I have known Lindsey and worked with her for 3 years, most recently at the Hospice of Texarkana Inpatient Unit.

Hospice is a challenging field of nursing both mentally and physically. On a daily basis we have to be able to critically think, make quick and appropriate decisions regarding patient care in a crisis, while ensuring patient comfort, safety and dignity. At the Inpatient Unit, we are a total care facility, where nurses also perform unit clerk duties, provide personal care/hygiene to patients and play the role of

professionalism, and respect.

Hospice care has always proven to be a roller coaster of emotions for both the patient and their family. A strong empathetic and supportive, nurturing attitude is necessary in order to provide exceptional care and my experience with Lindsey has shown she encompasses all of those qualities.

Lindsey has shown a desire to complete any task she sets her mind to and accomplishes that task in a timely fashion. She has been enrolled as a full-time NP student, while holding down a full-time job, being a mother to two little girls and a wife. She has exhibited drive, enthusiasm and perseverance in order to accomplish all of the goals she has set for herself.

Lindsey would be an asset to any facility, but more importantly, Lindsey would be a strong patient advocate, placing patient's health and well being first, a team player who is always willing to work together to achieve the utmost positive outcome for patients, and a sincere, empathetic, caring nature that would be sure to be endearing to her patients as well as her co-workers. Sincerely,

Mindy James, BSN, RN

HealthCARE Express®

2407 Galleria Oaks Drive
Texarkana, Texas 1-318-415-
9059

To Whom It May Concern,

It's my absolute pleasure to recommend Lindsey McFaul as a Nurse Practitioner for your team.

Lindsey and I have worked together in the past at CHRISTUS St. Michael in the emergency department and she also completed 200 hours with me through HealthCare Express during her time as a nurse practitioner student.

Lindsey is dependable and hard working. During her time in school she balanced work, full time clinical hours, and excelled in her coursework. Without a doubt, I confidently recommend Lindsey to join your team. As a dedicated and knowledgeable nurse and an all-around great person, I know that she will be a beneficial addition to your organization.

Please feel free to contact me should you like to discuss Lindsey's qualifications and experience further. I'd be happy to expand on my recommendation. Best wishes,

Sheila West, FNP-C

Sheila West, FNP-C
Healthcare Express
4701 W 7th St
Wake Village, TX, 75501
903-748-6211

Your AANPCB Wallet Card

The wallet card provided below represents your status as a Family Nurse Practitioner. In order to maintain your certification, you will need to return to AANPCB to recertify within 6 months of the expiration date printed on your card.

You may print out this document for your records. If you choose, you can cut out the card and carry it in



your wallet. You may also save this PDF document to your computer for your records.

You may use this card to verify your certification status with your employer and state board of nursing.

We have designed this online wallet card so that a copy of your current card is always available to you at no charge. To access this secure, watermarked document, log in at www.aanpcert.org and click on 'My Documents' then select the Wallet Card option.

Please contact our office if you have any questions about your certification.

<p><u>AMERICAN ACADEMY OF NURSE PRACTITIONERS</u> CERTIFICATION BOARD</p> <p>Capitol Station, P.O. Box 12926 Austin, TX 78711 Tel: (512) 637-0500 Fax: (512) 637-0540 www.aanpcert.org</p> <p><i>Certification Board</i></p> <p>This card validates your certification status. Use this card to provide evidence of your certification status to your employer or state board of nursing.</p>	<p><u>AMERICAN ACADEMY OF NURSE PRACTITIONERS</u> CERTIFICATION BOARD acknowledges that</p> <p>Lindsey Michelle McFaul, NP-C has met the requirements for national certification as a</p> <p>Family Nurse Practitioner Certification No.: F08170059</p> <p>Granted from August 1, 2017 through July 31, 2022</p>
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