



**Syllabus:** Nurse Aide for Health Care Dual Credit

**Course Number:** NURA 1301

**Semester & Year:**

**Instructor Information**

Name: Melinda Renau Garner, R.N.

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**Textbook Information**

Title: Nursing Assisting: A Foundation in Caregiving, 3<sup>rd</sup> Ed.

Author: Dugan, Diana

ISBN 13: 9781604250305

Title: Workbook for Nursing Assisting: A Foundation in Caregiving, 3<sup>rd</sup> Ed.

Author: Dugan, Diana

ISBN 13: 9781604250312

**Course Description:** Knowledge, skills, and abilities essential to provide basic care to residents of long-term care facilities. Topics include resident's rights, communication, safety, observation, reporting and assisting residents in maintaining basic comfort and safety. Emphasis on effective interaction with members of the health care team, restorative services, mental health, and social services needs.

**Student Learning Outcomes for the Course**

To prepare nurse assistants with the knowledge, skills, and abilities essential for the provision of basic care to residents in long term care facilities. Upon successful completion of the course, students will be able to:

- 1) Discuss basic care to residents of long-term care facilities.
- 2) Communicate and interact effectively with residents and their families based on sensitivity to the psychosocial needs.
- 3) Discuss the rights of long-term care residents.
- 4) Provide safety and preventive measures in the care of residents.
- 5) Demonstrate skills in observing and reporting.
- 6) Assist residents in attaining and maintain maximum functional independence.
- 7) Function effectively as a member of the health care team.
- 8) Successfully demonstrate basic care skills in the skills lab.

### **Student Requirements for Completion of the Course**

- 1) Quizzes: Quizzes will be randomly given. A quiz may or may not come with advanced notice.
- 2) Homework and Assignments: Workbooks will be part of homework assignments as well as presentations. Assignments must be handed in on time to receive a grade. Presentations and Participation in class will be a part of the student's grade.
- 3) Mid-Term exam: The mid-term exam will be a comprehensive analysis of the subject matter taught in the first half of the semester.
- 4) Final exam: The final exam will be a comprehensive analysis of the subject matter taught for the entire course. Date for the final exam will be given in class at the end of the 2<sup>nd</sup> semester.

### **Student Assessment**

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Student assessments achieved by grades on quizzes, workbooks assignments, assignments such as presentations and participation, midterm exam, and final exam with the following grade scale:

#### **Grading Scale**

<b>Grade</b>	
<b>A</b>	90-100
<b>B</b>	80-89
<b>C</b>	70-79
<b>D</b>	60-69
<b>F</b>	59-below

**Students who do not make a C or higher in this course are ineligible to take the CNA certification exam from the State of Texas.**

#### **Class Schedule**

<b>Unit/Chapter</b>	<b>Content</b>
Introduction	Syllabus, History of CNA
Ch.1-2	The Nursing Assistant in Long-Term Care Ethical and Legal Issues
Ch.3-4	Communication Skills Communication Challenges
Ch. 6-7	Infection Prevention Safety and Body Mechanics

Ch. 10,11,&12	Bedmaking and Unit Care, Positioning, Moving, and Lifting Personal Care
Ch.16&17	The Urinary System The Reproductive System
Ch. 18 & 21	The Integumentary System The Musculoskeletal System
	Mid-term Exam
Ch. 13, 19 & 20	Vital signs, The Circulatory or Cardiovascular System, The Respiratory System
Ch. 14 & 15	Nutrition and Fluid Balance, The Gastrointestinal System
Ch. 23	The Endocrine System
Ch. 24	The Immune and Lymphatic Systems and Cancer
Ch. 8 & 9	Emergency care, First Aide, and Disasters Admission, Transfer, Discharge, and Physical Exam
Ch. 25	Rehabilitation and Restorative Care
Ch. 26, 27 & 28	Subacute care, End of Life Care, Your New Position
Ch. 1-28	Final Exam—date announced in class.

**At any time, the course schedule can change at the discretion of the Instructor**

### **Attendance Policy**

To be eligible to take the state nurse assistant certification exam, the Department of Aging and Disability (DADS) for the State of Texas requires students to sign in and out for class and clinical time daily.

### **Academic Integrity Statement**

Scholastic dishonesty, involving but not limited to cheating on a test, plagiarism, collusion, or falsification of records will make the student liable for disciplinary action after being investigated by the Dean of Students. Proven violations of this nature will result in the student being dropped from the class with an “F”.

This policy applies campus wide, including TC Testing Center, as well as off-campus classroom or lab sites, including dual credit campuses. This information can be found in the Student Handbook at <https://texarkanacollege.edu>.

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### **Disability Act**

Texarkana College complies with all provisions of the Americans with Disabilities Act and makes reasonable accommodations upon request. Please contact the retention specialist for more information. If you have an accommodation letter from their office indicating that you have a disability which requires academic accommodations, please present it to me so we can discuss the accommodations that you might need for this class. *It is best to request these changes at the beginning if not before the start of class so there is ample time to make the accommodations.*

TC does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Human Resources Director, 2500 N. Robison Rd., Texarkana, TX, 75599, (903) 823-3017, [human.resources@texarkanacollege.edu](mailto:human.resources@texarkanacollege.edu)

### **Nurse Assistant Course Registration Requirements**

- A. All applicants must meet general admission requirements to Texarkana College through their high school Dual Credit program.
- B. All applicants must meet with counselor and complete requisite paperwork for participation in this class.
- C. A Dual Credit early admission form must be completed which means signatures of high school administration, student, and parent.
- D. Students must show proof of the following:
  - Current TB skin test or negative chest x-ray
  - Satisfactory criminal background check
  - Up to date immunizations required by the school district

### **Essential Physical Abilities**

- A. Stand and walk for 6-8 hours/day.
- B. Walk for prolonged periods from one area to another over an 8 hour period.
- C. Bend, squat, and kneel.
- D. Assist in lifting and moving clients of all age groups and weights.
- E. Work with arms fully extended overhead.
- F. Use hand for grasping, pushing, pulling, and fine manipulation.
- G. Demonstrate eye/hand coordination for manipulation of equipment and the performance of procedures.